DESCRIPTION

Ansiedad y Estrés (Anxiety & Stress) is a biannual psychology, medicine, neuroscience and social science magazine dedicated to the study of anxiety, stress and other emotions. It is a body that provides a voice for the Sociedad Española para el Estudio de la Ansiedad y Estrés (SEAS) - Spanish Society for the Study of Anxiety and Stress. It is a multidisciplinary magazine that publishes theoretical and experimental work focusing on anxiety, stress and other emotions from the diverse subject areas of psychology, medicine and related sciences.

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