TABLE OF CONTENTS

- Description p.1
- Impact Factor p.1
- Abstracting and Indexing p.2
- Editorial Board p.2
- Guide for Authors p.4

DESCRIPTION

The International Journal of Clinical Health Psychology is a quarterly publication produced by the Asociación Española de Psicología Conductual since 2001. Our Journal publishes experimental, theoretical and applied articles that contribute to the advancement in any of the areas of clinical and health psychology. Manuscripts are published in English. Original articles, review articles, case reports and reviews of books are published in the International Journal of Clinical Health Psychology.

International Journal of Clinical Health Psychology es una revista cuatrimestral editada por la Asociación Española de Psicología Conductual desde el año 2001. Publica trabajos en inglés, de carácter aplicado, tanto teóricos como experimentales, que contribuyen al avance de cualquier ámbito de la Psicología Clínica y de la Salud. Se publican Artículos originales (investigaciones), Artículos de revisión, Informes breves, Casos clínicos y Revisiones de libros. De forma excepcional se publican trabajos sobre la evaluación de la ciencia.

IMPACT FACTOR

2018: 3.317 © Clarivate Analytics Journal Citation Reports 2019
ABSTRACTING AND INDEXING

PubMed Central
Scopus
ScienceDirect
Hinari
Social Sciences Citation Index
PsycINFO
EBSCOhost
ProQuest
PubMed/Medline
Directory of Open Access Journals (DOAJ)
Ulrichsweb
Open J-Gate
IBCS - Índice Bibliográfico Español en Ciencias de la Salud
IN-RECS (Índice de Impacto Revistas Españolas de Ciencias Sociales)
PSICODOC
Compludoc
Redalyc — Red de Revistas Científicas de América Latina y el Caribe, España y Portugal
Latindex
Dialnet
Google Scholar

EDITORIAL BOARD

Editor
Juan Carlos Sierra, Universidad de Granada, Granada, Spain

Associate Editor
Stephen N. Haynes, University of Hawaii at Mānoa, Honolulu, USA
Michael W. Eysenck, Royal Holloway, University of London, London, UK
Gualberto Buela-Casal, Universidad de Granada, Granada, Spain

Editorial Board Member
Leandro S. Almeida, University of Minho, Braga, Portugal
Rubén Ardila, Universidad Nacional de Colombia, Bogotá, Colombia
Wayne Bardwell, University of California at San Diego (UCSD), La Jolla, USA
Carolyn B. Becker, Trinity University, San Antonio, USA
María de la Paz Bermúdez, Universidad de Granada, Granada, Spain
Guillermo Bernal, Universidad de Puerto Rico, San Juan, Puerto Rico
Amit Bernstein, University of Haifa, Haifa, Israel
Juan Manuel Bethencourt, Universidad de La Laguna, Santa Cruz de Tenerife, Spain
Simon E. Blackwell, Ruhr-Universität Bochum, Bochum, Germany
E. Sandra Byers, University of New Brunswick, Fredericton, Canada
Per Calbring, Stockholms Universitet, Sweden
Antonio Cano-Vindel, Universidad Complutense de Madrid, Madrid, Spain
José Luis Cantero, University Pablo de Olavide, Sevilla, Spain
Carlo Chiorri, University of Genova, Genova, Italy
Brian C. Chu, Rutgers University, Piscataway, USA
Andrés de Los Reyes, University of Maryland, College Park, USA
Paula Elosua, Universidad del País Vasco, Bilbao, Spain
Luis Fernández Ríos, Universidade de Santiago de Compostela, Santiago de Compostela, Spain
Eduardo Fonseca-Pedrero, Universidad de la Rioja, Logroño, Spain
Joan Guàrdia i Olmos, Universitat de Barcelona, Barcelona, Spain
Francisco Gude, Hospital Clínico Universitario de Santiago, Santiago de Compostela, Spain
Héctor Hernández-Alvarez, Fundación Aiglé, Buenos Aires, Argentina
Anthony F. Jorm, University of Melbourne, Melbourne, Australia
Alan E Kazdin, Yale University, New Haven, USA
Eva Kemps, Flinders University, Adelaide, Australia
Robert J. Kohlenberg, University of Washington, Seattle, USA
Ernst H. W. Koster, Universiteit Gent, Gent, Belgium
Ziad Kronfol, Weill Medical College of Cornell University, Manhattan, USA
Francisco McMurrin, Consejo General de la Psicología, Spain
Marta Meana, University of Nevada at Las Vegas, Las vegas, USA
Alicia E. Meuret, Southern Methodist University, Dallas, USA
Terrie Moffitt, Duke University, Durham, USA
Ignacio Montorio, Universidad Autónoma de Madrid, Madrid, Spain
José Francisco Morales, Universidad Nacional de Educación a Distancia (UNED), Madrid, Spain
José Muñiz, Universidad de Oviedo, Oviedo, Spain
Charles Negy, University of Central Florida, Orlando, USA
Pedro Nobre, Universidade do Porto, Porto, Portugal
Thomas H. Ollendick, Virginia Polytechnic Institute & State University, Blacksburg, USA
Rosario Ortega-Ruiz, Universidad de Córdoba, Córdoba, Spain
José Luis Padilla, Universidad de Granada, Granada, Spain
Wenceslao Peñate, Universidad de La Laguna, Santa Cruz de Tenerife, Spain
Marino Pérez Álvarez, Universidad de Oviedo, Oviedo, Spain
Héctor Pérez-Rincón, Instituto Nacional de Psiquiatría Ramón de la Fuente, Ciudad de México, Mexico
Juan Preciado, City University of New York (CUNY), New York, USA
Adam S. Radomsky, Concordia University, Montréal, Canada
Abilio Reig, Universidad de Alicante, Alicante, Spain
Francisco Revuelta, Universidad de Huelva, Huelva, Spain
Eugénia Ribeiro, University of Minho, Braga, Portugal
Anne Roefs, Maastricht University, Maastricht, Netherlands
Josef I. Ruzek, VA Palo Alto Health Care System, Menlo Park, USA
Joao Salgado, Instituto Universitário da Maia, Maia, Portugal
Douglas B. Samuel, Purdue University, West Lafayette, USA
Bonifacio Sandín, Universidad Nacional de Educación a Distancia (UNED), Madrid, Spain
Pablo Santos-Iglesias, University of Calgary, Calgary, Canada
Anthony Spirito, Warren Alpert Medical School at Brown University, Providence, USA
Daniel Taylor, University of North Texas, USA
Fons Van de Vijver, Tilburg University, Tilburg, Netherlands
Pablo Vera-Villarroel, Universidad de Santiago de Chile, Santiago de Chile, Chile
Miguel Angel Verduco Alonso, Universidad de Salamanca, Salamanca, Spain
Javier Virues Ortega, University of Auckland, Auckland, New Zealand
Ricardo Werner, Nêmeton Centro de Estudos e Pesquisas em Psicologia e Saúde, São Paulo, Brazil
Moshe Zeidner, University of Haifa, Haifa, Israel
Mark Zimmerman, Rhode Island Hospital, Providence, USA
Izabela Zych, Universidad de Cordoba, Córdoba, Spain
**GUIDE FOR AUTHORS**

*International Journal of Clinical and Health Psychology* publishes manuscripts with a basic and applied emphasis, involving both theoretical and experimental areas contributing to the advancement of Clinical and Health Psychology. The Journal publishes Original Articles (empirical studies), Review Articles, Brief Reports and Case Reports. On exception the Journal publishes articles on science evaluation. The manuscripts with samples of university students whose use is not clearly justified in the objectives of the study will not be considered.

The manuscripts submitted to *International Journal of Clinical and Health Psychology* should not have been previously published, and should not be under consideration for publication elsewhere. All signing authors must agree on the submitted version of the manuscript. By submitting their manuscript the authors agree to relinquish their copyrights to the Journal for the duration of the editorial process. Copyrights will be transferred permanently to *International Journal of Clinical and Health Psychology* if the manuscript is accepted for publication.

**BEFORE YOU BEGIN**

*Ethics in publishing*

Please see our information pages on Ethics in publishing and Ethical guidelines for journal publication.

*Human and animal rights*

If the work involves the use of human subjects, the author should ensure that the work described has been carried out in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving humans, [http://www.wma.net/en/30publications/10policies/b3/index.html](http://www.wma.net/en/30publications/10policies/b3/index.html); Uniform Requirements for manuscripts submitted to Biomedical journals, [http://www.icmje.org](http://www.icmje.org). Authors should include a statement in the manuscript that informed consent was obtained for experimentation with human subjects. The privacy rights of human subjects must always be observed.

*Declaration of interest*

All authors must disclose any financial and personal relationships with other people or organizations that could inappropriately influence (bias) their work. Examples of potential competing interests include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding. Authors must disclose any interests in two places: 1. A summary declaration of interest statement in the title page file (if double-blind) or the manuscript file (if single-blind). If there are no interests to declare then please state this: 'Declarations of interest: none'. This summary statement will be ultimately published if the article is accepted. 2. Detailed disclosures as part of a separate Declaration of Interest form, which forms part of the journal's official records. It is important for potential interests to be declared in both places and that the information matches. More information.

*Submission declaration and verification*

Submission of an article implies that the work described has not been published previously (except in the form of an abstract, a published lecture or academic thesis, see 'Multiple, redundant or concurrent publication' for more information), that it is not under consideration for publication elsewhere, that its publication is approved by all authors and tacitly or explicitly by the responsible authorities where the work was carried out, and that, if accepted, it will not be published elsewhere in the same form, in English or in any other language, including electronically without the written consent of the copyright-holder. To verify originality, your article may be checked by the originality detection service Crossref Similarity Check.

*Use of inclusive language*

Inclusive language acknowledges diversity, conveys respect to all people, is sensitive to differences, and promotes equal opportunities. Articles should make no assumptions about the beliefs or commitments of any reader, should contain nothing which might imply that one individual is superior to another on the grounds of race, sex, culture or any other characteristic, and should use inclusive language throughout. Authors should ensure that writing is free from bias, for instance by using 'he or she', 'his/her' instead of 'he' or 'his', and by making use of job titles that are free of stereotyping (e.g. 'chairperson' instead of 'chairman' and 'flight attendant' instead of 'stewardess').
Changes to authorship
Authors are expected to consider carefully the list and order of authors before submitting their manuscript and provide the definitive list of authors at the time of the original submission. Any addition, deletion or rearrangement of author names in the authorship list should be made only before the manuscript has been accepted and only if approved by the journal Editor. To request such a change, the Editor must receive the following from the corresponding author: (a) the reason for the change in author list and (b) written confirmation (e-mail, letter) from all authors that they agree with the addition, removal or rearrangement. In the case of addition or removal of authors, this includes confirmation from the author being added or removed. Only in exceptional circumstances will the Editor consider the addition, deletion or rearrangement of authors after the manuscript has been accepted. While the Editor considers the request, publication of the manuscript will be suspended. If the manuscript has already been published in an online issue, any requests approved by the Editor will result in a corrigendum.

Copyright
Upon acceptance of an article, authors will be asked to complete a 'Journal Publishing Agreement' (see more information on this). An e-mail will be sent to the corresponding author confirming receipt of the manuscript together with a 'Journal Publishing Agreement' form or a link to the online version of this agreement.

Author rights
As an author you (or your employer or institution) have certain rights to reuse your work. More information.

Elsevier supports responsible sharing
Find out how you can share your research published in Elsevier journals.

Role of the funding source
You are requested to identify who provided financial support for the conduct of the research and/or preparation of the article and to briefly describe the role of the sponsor(s), if any, in study design; in the collection, analysis and interpretation of data; in the writing of the report; and in the decision to submit the article for publication. If the funding source(s) had no such involvement then this should be stated.

Funding body agreements and policies
Elsevier has established a number of agreements with funding bodies which allow authors to comply with their funder's open access policies. Some funding bodies will reimburse the author for the gold open access publication fee. Details of existing agreements are available online. After acceptance, open access papers will be published under a noncommercial license. For authors requiring a commercial CC BY license, you can apply after your manuscript is accepted for publication.

Open access
This journal is fully open access; all articles will be immediately and permanently free for everyone to read and download. Permitted reuse is defined by the following Creative Commons user license:

Creative Commons Attribution-NonCommercial-NoDerivs (CC BY-NC-ND): for non-commercial purposes, lets others distribute and copy the article, and to include in a collective work (such as an anthology), as long as they credit the author(s) and provided they do not alter or modify the article.

If you need to comply with your funding body policy you can apply for a CC-BY license after your manuscript is accepted for publication.

To provide Open Access, this journal has a publication fee which needs to be met by the authors or their research funders.

Language (usage and editing services)
Please write your text in good English (American or British usage is accepted, but not a mixture of these). Authors who feel their English language manuscript may require editing to eliminate possible grammatical or spelling errors and to conform to correct scientific English may wish to use the English Language Editing service available from Elsevier's Author Services.
The manuscripts can be submitted in English or Spanish, double spaced, and printed one-sided with 3 cm margins with page numbers on the right at the top of each page. Manuscripts are published in English in printed version, and English and Spanish in online version, so when the articles are accepted, the authors should submit the final version in both languages.

**Submission**

Our online submission system guides you stepwise through the process of entering your article details and uploading your files. The system converts your article files to a single PDF file used in the peer-review process. Editable files (e.g., Word, LaTeX) are required to typeset your article for final publication. All correspondence, including notification of the Editor's decision and requests for revision, is sent by e-mail. No correspondence will be maintained through the email addresses of the Editors.

**Submit your article**

Please submit your article via [https://www.evise.com/profile/api/navigate/IJCHP](https://www.evise.com/profile/api/navigate/IJCHP).

International Journal of Clinical and Health Psychology will notify the author(s) when the manuscript is received and inform them whether the paper is accepted within 60 days. At least two members of the Editorial Board (peer reviewers), with special competence in the represented area, will review each submitted manuscript and will send a report to the Journal suggesting or denying the manuscript's publication. The authors should make all the changes solicited by the reviewers within 30 days. The positive evaluation of a manuscript by the reviewers will not guarantee its publication as the decision will be made by the editor as a function of the editorial priorities of the moment. A copy of the article in PDF format as well as a copy of the issue in which it appears will be sent to the correspondence author.

International Journal of Clinical and Health Psychology is fully open access. The article processing charges is 800 euros.

**PREPARATION**

**Peer review**

This journal operates a double blind review process. All contributions will be initially assessed by the editor for suitability for the journal. Papers deemed suitable are then typically sent to a minimum of two independent expert reviewers to assess the scientific quality of the paper. The Editor is responsible for the final decision regarding acceptance or rejection of articles. The Editor's decision is final. [More information on types of peer review.](#)

**Double-blind review**

This journal uses double-blind review, which means that both the reviewer and author name(s) are not allowed to be revealed to one another for a manuscript under review. The identities of the authors are concealed from the reviewers, and vice versa. [More information](#) is available on our website. To facilitate this, please include the following separately:

- **Title page (with author details):** This should include the title, authors' names, affiliations, acknowledgements and any Declaration of Interest statement, and a complete address for the corresponding author including an e-mail address.
- **Blinded manuscript (no author details):** The main body of the paper (including the references, figures, tables and any Acknowledgements) should not include any identifying information, such as the authors' names or affiliations.

**Use of word processing software**

It is important that the file be saved in the native format of the word processor used. The text should be in single-column format. Keep the layout of the text as simple as possible. Most formatting codes will be removed and replaced on processing the article. In particular, do not use the word processor's options to justify text or to hyphenate words. However, do use bold face, italics, subscripts, superscripts etc. When preparing tables, if you are using a table grid, use only one grid for each
individual table and not a grid for each row. If no grid is used, use tabs, not spaces, to align columns. The electronic text should be prepared in a way very similar to that of conventional manuscripts (see also the **Guide to Publishing with Elsevier**). Note that source files of figures, tables and text graphics will be required whether or not you embed your figures in the text. See also the section on Electronic artwork.

To avoid unnecessary errors you are strongly advised to use the 'spell-check' and 'grammar-check' functions of your word processor.

**Article Structure**

Original Articles and Review Articles should not exceed 6,000 words (including title, abstract, references, figures, tables, and appendices). Brief Reports and Case Reports should not exceed 2,000 words. The first page of the manuscript should include the title in both English and Spanish, complete name(s) of all the authors (in the case include the two surnames, they must be linked with a hyphen), institutional affiliation, and a complete mailing address to send any correspondence. Any acknowledgements will be added in a separate paragraph at the bottom of the first page. The second page should include the title, an abstract (150-200 words in a single paragraph with sections: Background/Objective, Method, Results, and Conclusions) and the keywords (4-5), in both Spanish and English. The last keyword should identify the type of research methodology according to the classification by Montero and León (2007): theoretical study, observational descriptive study, descriptive survey study, experiment, quasi-experiment, ex post facto study, single case experimental study, instrumental study, and qualitative study (Montero, I., & León, O.G. [2007]. A guide for naming research studies in Psychology. *International Journal of Clinical and Health Psychology*, 7, 847-862; this article is available at [http://www.aepc.es/ijchp/Montero07_en.pdf](http://www.aepc.es/ijchp/Montero07_en.pdf)). The third page should begin with the manuscript title followed by the introduction. Figures and tables should appear on separate pages and be numbered consecutively at the end of the text, indicating their approximate location in the text.

**Original Articles:** should use the following headings: introduction, method (participants, instruments, procedure...), results, discussion/conclusions, and references. The writing style should follow the recommendations made by Bobenrieth Astete (2002) and Ramos-Alvarez, Moreno-Fernández, Valdés-Conroy, and Catena (2008), and Hartley (2012).

**Instrumental studies:** should follow the guidelines established by Carretero-Dios and Pérez (2005, 2007): justification of the study, conceptual definition of the construct to be assessed, process of item construction and qualitative assessment, item analysis, internal structure of the test, reliability, and validity.

**Meta-analyses:** should follow the recommendations madeby Botella and Gambara (2006).

**Review articles:** should follow the guidelines provided by Fernández-Ríos and Buela-Casal (2009), and Perestelo-Pérez (2013).
Program evaluations: should follow the structure established by Chacón Moscoso, Sanduvete Chaves, Portell Vidal, and Anguera Argilaga (2013).

Clinical cases: should follow the structure established by Buela-Casal and Sierra (2002), and Virués-Ortega and Moreno-Rodríguez (2008).

Neuropsychological assessments: should follow the structure established by Jurado and Pueyo (2012).

**Essential Title Page Information**
• **Title.** Concise (maximum 15 words) and informative. Titles are often used in information-retrieval systems. Avoid abbreviations and formulae where possible.
• **Author names and affiliations.** Where the family name may be ambiguous (e.g., a double name), please indicate this clearly. Present the authors' affiliation addresses (where the actual work was done) below the names. Indicate all affiliations with a lower-case superscript letter immediately after the author's name and in front of the appropriate address.
• **Corresponding author.** Clearly indicate who will handle correspondence at all stages of refereeing and publication, also post-publication. Ensure that phone numbers (with country and area code) are provided in addition to the e-mail address and the complete postal address. Contact details must be kept up to date by the corresponding author.
• **Present/permanent address.** If an author has moved since the work described in the article was done, or was visiting at the time, a 'Present address' (or 'Permanent address') may be indicated as a footnote to that author’s name. The address at which the author actually did the work must be retained as the main, affiliation address. Superscript Arabic numerals are used for such footnotes.
• **Collate acknowledgements.** List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.).

**Abstract**
A concise and factual abstract is required (Abstracts should be structured to include each of the following sections: Background/Objective (a brief statement of the purpose of the study), Method (a detailed summary of the participants, the study design, measures, and procedures), Results (a detailed summary of the primary findings), and Conclusions (a description of implications of the findings). The abstract should state briefly the purpose of the research, the principal results and major conclusions. An abstract is often presented separately from the article, so it must be able to stand alone. For this reason, references should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself.

**Keywords**
Immediately after the abstract, provide a maximum of 5 keywords, using American spelling and avoiding general and plural terms and multiple concepts (avoid, for example, ‘and’, ‘of’). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

Define abbreviations that are not standard in this field. Such abbreviations that are unavoidable in the abstract must be defined at their first mention there. Ensure consistency of abbreviations throughout the article.

**Formatting of funding sources**
List funding sources in this standard way to facilitate compliance to funder's requirements:

Funding: This work was supported by the National Institutes of Health [grant numbers xxxx, yyyy]; the Bill & Melinda Gates Foundation, Seattle, WA [grant number zzzz]; and the United States Institutes of Peace [grant number aaaa].
It is not necessary to include detailed descriptions on the program or type of grants and awards. When funding is from a block grant or other resources available to a university, college, or other research institution, submit the name of the institute or organization that provided the funding.

If no funding has been provided for the research, please include the following sentence:

This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

**Figure captions**

Ensure that each illustration has a caption. Supply captions separately, not attached to the figure. A caption should comprise a brief title (not on the figure itself) and a description of the illustration. Keep text in the illustrations themselves to a minimum but explain all symbols and abbreviations used.

**Tables**

Please submit tables as editable text and not as images. Tables should appear on separate pages and be numbered consecutively at the end of the text. Number tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Be sparing in the use of tables and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical rules.

**References**

For all other style concerns not specified here, the authors are refereed to the sixth edition of the Publication Manual of the American Psychological Association (APA, 2010), with one exception: in references list all authors are included regardless of their number. Manuscripts not strictly following the current guide to authors and the APA publication manual will not be entered into the review process. Authors will be prompted to make the necessary changes. If the revised manuscript still does not comply with these standards, the article will be rejected and will not be reconsidered. Non-compliance with APA or the journal standards may prompt the rejection of the article at any stage of the editorial process.

To enter the review process, the article should be updated including at least 40% of references from the last four years.

**Citation in text**

Please ensure that every reference cited in the text is also present in the reference list (and vice versa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication and a copy of the title page of the relevant article must be submitted.

Citations within the text include the author’s name and the year of publication, appearing both within parenthesis. When the author’s name forms part of the text, only the year of publication appears within parenthesis. Two or more continuous references should be arranged alphabetically by authors’ names. When there are more than two or less than six authors, all authors should be listed in the first citation. In subsequent citations, the name of the first author should be followed by et al. For six or more authors, the first author should always appear, followed by et al. If there are more than one article for the same author(s) during the same year, each year should be followed by the letters a, b, c, ...

**Reference links**

Increased discoverability of research and high quality peer review are ensured by online links to the sources cited. In order to allow us to create links to abstracting and indexing services, such as Scopus, CrossRef and PubMed, please ensure that data provided in the references are correct. Please note that incorrect surnames, journal/book titles, publication year and pagination may prevent link creation. When copying references, please be careful as they may already contain errors. Use of the DOI is highly encouraged.
A DOI is guaranteed never to change, so you can use it as a permanent link to any electronic article. An example of a citation using DOI for an article not yet in an issue is: VanDecar J.C., Russo R.M., James D.E., Ambeh W.B., Franke M. (2003). Aseismic continuation of the Lesser Antilles slab beneath northeastern Venezuela. Journal of Geophysical Research, https://doi.org/10.1029/2001JB000884. Please note the format of such citations should be in the same style as all other references in the paper.

Web references
As a minimum, the full URL should be given and the date when the reference was last accessed. Any further information, if known (DOI, author names, dates, reference to a source publication, etc.), should also be given. Web references can be listed separately (e.g., after the reference list) under a different heading if desired, or can be included in the reference list.

Data references
This journal encourages you to cite underlying or relevant datasets in your manuscript by citing them in your text and including a data reference in your Reference List. Data references should include the following elements: author name(s), dataset title, data repository, version (where available), year, and global persistent identifier. Add [dataset] immediately before the reference so we can properly identify it as a data reference. The [dataset] identifier will not appear in your published article.

Reference management software
Most Elsevier journals have their reference template available in many of the most popular reference management software products. These include all products that support Citation Style Language styles, such as Mendeley. Using citation plug-ins from these products, authors only need to select the appropriate journal template when preparing their article, after which citations and bibliographies will be automatically formatted in the journal's style. If no template is yet available for this journal, please follow the format of the sample references and citations as shown in this Guide. If you use reference management software, please ensure that you remove all field codes before submitting the electronic manuscript. More information on how to remove field codes from different reference management software.

Users of Mendeley Desktop can easily install the reference style for this journal by clicking the following link:
http://open.mendeley.com/use-citation-style/international-journal-of-clinical-and-health-psychology
When preparing your manuscript, you will then be able to select this style using the Mendeley plug-ins for Microsoft Word or LibreOffice.

Reference style
The list of references should appear in alphabetical order and should include all the cited publications in the text, including all the authors (independently of their number). This list should have the following format: Books: author (last name followed by a comma and the initials followed each by a period; various authors are separated by a comma and a comma is placed before the "&"); year (within parenthesis) followed by a period; full title in italics followed by a period; city and edition followed by a colon; publisher.

• Chapter of a book: author (last name, a comma and the given and middle name initials, a period; if there are various authors, they should be separated by a comma with an “&” preceding the last author); year (within parentheses and a period; title of the chapter; “In”; name of the compilers of the book, using the author’s initials and last name; the abbreviation “Ed.”(s) in parentheses followed by a comma; title of the book in italics; the first and the last page of the chapter within parenthesis, preceded by the abbreviation "pp." and a period; city where the book was published followed by a colon; publishing house and a period.

• Journals: author (last name, a comma and initials of the first and middle names and a period; if there are various authors, they should be separated by commas with an “&” preceding the last author); year (within parentheses and a period; title of the article followed by a period; the journal’s complete name in italics and followed by a comma; volume number in italics (without appearing the expression “volume” or “vol.”) followed by a comma; first and last page of the article and a period; doi in those articles that have it and a period.

For electronic documents: author (last name, a comma and the initials of the name and a period; if there are various authors, they should be separated by commas with an “&” preceding the last author); year (within parentheses and a period; the title of the document and a period; the date of retrieving preceded by “retrieved” and a comma; the website preceded by “from” and a period. In the case of any existing doubt(s), consult the APA publication manual (2010).
**Research data**
This journal encourages and enables you to share data that supports your research publication where appropriate, and enables you to interlink the data with your published articles. Research data refers to the results of observations or experimentation that validate research findings. To facilitate reproducibility and data reuse, this journal also encourages you to share your software, code, models, algorithms, protocols, methods and other useful materials related to the project.

Below are a number of ways in which you can associate data with your article or make a statement about the availability of your data when submitting your manuscript. If you are sharing data in one of these ways, you are encouraged to cite the data in your manuscript and reference list. Please refer to the "References" section for more information about data citation. For more information on depositing, sharing and using research data and other relevant research materials, visit the research data page.

**Data linking**
If you have made your research data available in a data repository, you can link your article directly to the dataset. Elsevier collaborates with a number of repositories to link articles on ScienceDirect with relevant repositories, giving readers access to underlying data that gives them a better understanding of the research described.

There are different ways to link your datasets to your article. When available, you can directly link your dataset to your article by providing the relevant information in the submission system. For more information, visit the database linking page.

For supported data repositories a repository banner will automatically appear next to your published article on ScienceDirect.

In addition, you can link to relevant data or entities through identifiers within the text of your manuscript, using the following format: Database: xxxx (e.g., TAIR: AT1G01020; CCDC: 734053; PDB: 1XFN).

**Mendeley Data**
This journal supports Mendeley Data, enabling you to deposit any research data (including raw and processed data, video, code, software, algorithms, protocols, and methods) associated with your manuscript in a free-to-use, open access repository. During the submission process, after uploading your manuscript, you will have the opportunity to upload your relevant datasets directly to Mendeley Data. The datasets will be listed and directly accessible to readers next to your published article online.

For more information, visit the Mendeley Data for journals page.

**Data statement**
To foster transparency, we encourage you to state the availability of your data in your submission. This may be a requirement of your funding body or institution. If your data is unavailable to access or unsuitable to post, you will have the opportunity to indicate why during the submission process, for example by stating that the research data is confidential. The statement will appear with your published article on ScienceDirect. For more information, visit the Data Statement page.

**Submission checklist**
The following list will be useful during the final checking of an article prior to sending it to the journal for review. Please consult this Guide for Authors for further details of any item.

**Ensure that the following items are present:**
- The correspondence author includes an institutional email address
- The title is 15 words or less
- The article not exceed 6,000 words
- The Abstract and the Resumen (both) have 150-200 words each, and it is structured in the following sections: Background/Objective, Method, Results, and Conclusions.
- The Abstract / Resumen is written in a single paragraph
- It have provided 4-5 keywords, the latter being the type of study
- The Original Article included the relevant sections: Introduction, Method (Participants, Instruments and Procedure), Results, Discussion / Conclusions and References
- The procedure includes an explicit reference to the approval of the investigation by the Ethics Committee of the Institution
- References in the text are cited according to APA standards
• The statistical symbols are set in italic type
• At least 40% of the references are from the last 4 years
• The reference list has been provided following the APA style rules 6th edition (with one exception: the references include all authors, regardless of their number)
• References include the DOI in those articles that have it
• The tables conform to APA standards.
• In the case of accepting the article for publishing, I accept payment of 800 euros of processing charges.
• In the case of accepting the article, I commit to send the final version in English and Spanish.

AFTER ACCEPTANCE

Online proof correction
Corresponding authors will receive an e-mail with a link to our online proofing system, allowing annotation and correction of proofs online. The environment is similar to MS Word: in addition to editing text, you can also comment on figures/tables and answer questions from the Copy Editor. Web-based proofing provides a faster and less error-prone process by allowing you to directly type your corrections, eliminating the potential introduction of errors.
If preferred, you can still choose to annotate and upload your edits on the PDF version. All instructions for proofing will be given in the e-mail we send to authors, including alternative methods to the online version and PDF.
We will do everything possible to get your article published quickly and accurately. Please use this proof only for checking the typesetting, editing, completeness and correctness of the text, tables and figures. Significant changes to the article as accepted for publication will only be considered at this stage with permission from the Editor. It is important to ensure that all corrections are sent back to us in one communication. Please check carefully before replying, as inclusion of any subsequent corrections cannot be guaranteed. Proofreading is solely your responsibility.

AUTHOR INQUIRIES
Visit the Elsevier Support Center to find the answers you need. Here you will find everything from Frequently Asked Questions to ways to get in touch.
You can also check the status of your submitted article or find out when your accepted article will be published.

© Copyright 2018 Elsevier | https://www.elsevier.com