The *Journal of Science and Medicine in Sport* is the official journal of Sports Medicine Australia (SMA) and is an international refereed research publication covering all aspects of sport science and medicine.

The Journal considers for publication Original research and Review papers in the sub-disciplines relating generally to the broad sports medicine and sports science fields: sports medicine, sports injury (including injury epidemiology and injury prevention), physiotherapy, podiatry, physical activity and health, sports science, biomechanics, exercise physiology, motor control and learning, sport and exercise psychology, sports nutrition, public health (as relevant to sport and exercise), and rehabilitation and injury management. Manuscripts with an interdisciplinary perspective with specific applications to sport and exercise and its interaction with health will also be considered.

Only studies involving human subjects will be considered.

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The Journal of Science and Medicine in Sport considers for publication manuscripts in the categories of:
• Original Research
• Review Article

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- Include page and line numbers for the convenience of the peer reviewers.
- Number the pages consecutively, beginning with the title page as page 1 and ending with the Figure legend page.
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- Footnotes are not acceptable.
- Keep the use of tables, figures and graphs to a minimum.
- See notes on Tables, Figures, Formulae and Scientific Terminology at the end.

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