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The Journal of Applied Developmental Psychology (JADP) publishes scholarly empirical research relating to human development. The Journal focuses on two key concepts: human development and application of knowledge. Human development refers to the transformations and changes that occur during the life cycle and the processes or mechanisms which influence individuals' behavioral, cognitive, emotional, and moral development. Application refers to how the knowledge gained from research can be applied to the improvement of developmental outcomes, such as through policy making or within educational, clinical, and social settings. Consequently, papers published in JADP explicitly articulate how findings can be applied to improving the lives of children, youth and young adults. JADP publishes studies on a broad array of social issues and contexts (e.g., differences in cultural, racial, social and learning contexts) that impact human development.

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