DESCRIPTION

_Nutrition Research_ publishes original research articles, communications, and reviews on basic and applied nutrition. The mission of _Nutrition Research_ is to serve as the journal for global communication of nutrition and life sciences research on diet and health. The field of nutrition sciences includes, but is not limited to, the study of nutrients during growth, reproduction, aging, health, and disease.

Original research articles must declare a research hypothesis and include aspects of mechanisms. Reviews are open to systematic reviews and meta-analyses but the review must provide a critical analysis of existing nutrition evidence, identify gaps in knowledge, and include recommendations for future research. Communications are limited in length and preliminary data that addresses a potential mechanism is acceptable. Authors are encouraged to read and follow the _Guide for Authors_ and _Author Submission Checklist_.

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Another focus of the Journal is to publish research that advances the understanding of nutrients and health protectants in food for improving the human condition. Of interest are manuscripts on the development of biomarkers for assessing how dietary components influence health status in the human. A further publishing goal of _Nutrition Research_ is to bridge the gap between clinicians working in nutrition and health and biomedical scientists engaged in areas of biochemistry and molecular and cell biology to improve health. Investigators doing research in these areas are urged to submit articles.

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INTRODUCTION

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BEFORE YOU BEGIN

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