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The journal is aimed at psychiatrists and neurologists as well as scientists specialising in other related areas: basic and clinical research, and humanities. It publishes basic and clinical studies from the following areas:

- biochemistry,
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- psychological and social determinants of human behaviour in the field of:
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The journal publishes original papers, review articles, case reports, clinical observations and - at the initiative of the Editorial Board - essays and reflections on current theoretical and practical controversies.

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