## Description

*Osteoporosis and Sarcopenia* (Osteoporos Sarcopenia) is the official, peer-reviewed open-access journal of the Asian Federation of Osteoporosis Societies (AFOS). The journal aims to further research in the areas of osteoporosis, fracture, sarcopenia, frailty, metabolic bone diseases, mineral metabolism, as well as biology, physiology, and pathology of bone and muscle with a specific focus on Asian uniqueness in genetic, ethnic, social, and environmental differences. Despite the journal's Asian focus, we welcome appropriate submissions from all over the world.

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ORCID 0000-0002-9444-5849
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ORCID 0000-0001-8484-4750
Michael Lewiecki, University of New Mexico, USA
ORCID 0000-0003-2026-9587
Michael McClung, Oregon Osteoporosis Center, USA
ORCID 0000-0002-7827-0778
Leilani Mercado-Asis, University of Santo Tomas, Philippines
ORCID 0000-0002-1143-5451
Subburaman Mohan, Loma Linda University, USA
ORCID 0000-0003-0063-986X
Nicola Napoli, University Campus Bio-Medico, Italy
ORCID 0000-0002-3091-8205
Hou Ng, Centro Hospitalar Conde de Sao Januario, Macau
ORCID 0000-0002-8360-5608
Tuan Nguyen, Garvan Institute, Australia
ORCID 0000-0002-3246-6281
Ye-Soo Park, Hanyang University, South Korea
ORCID 0000-0002-2801-2674

Chatlert Pongchaikul, Khon Kaen University, Thailand
ORCID 0000-0002-4933-8892

Ian R. Reid, University of Auckland, New Zealand
ORCID 0000-0001-6021-5458

Yumie Rhee, Yonsei University, South Korea
ORCID 0000-0003-4227-5638

Graham Russell, Oxford University, UK
ORCID 0000-0002-4136-1828

Atsushi Suzuki, Fujita Health University, Japan
ORCID 0000-0003-0807-199X

Nimit Taechakraichana, Chulalongkorn University, Thailand
ORCID 0000-0001-8661-7367

Akira Taguchi, Matsumoto Dental University, Japan
ORCID 0000-0003-2620-1487

Chih-Hsing Wu, National Cheng Kung University, Taiwan
ORCID 0000-0002-0504-2053

Zhongjian Xie, Central South University, China
ORCID 0000-0002-1601-1156

Weibo Xia, Peking Union Medical College, China
ORCID 0000-0001-7768-5536

Helen Yifter, Addis Ababa University, Ethiopia
ORCID 0000-0001-9241-7628
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Osteoporosis and Sarcopenia is the official, peer-reviewed open-access journal of the Asian Federation of Osteoporosis Societies (AFOS). The journal aims to further research in the areas of osteoporosis, fracture, sarcopenia, frailty, metabolic bone diseases, mineral metabolism, as well as biology, physiology, and pathology of bone and muscle with a specific focus on Asian uniqueness in genetic, ethnic, social, and environmental differences. Despite the journal's Asian focus, we welcome appropriate submissions from all over the world.

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