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DESCRIPTION

The aim of *Obesity Research & Clinical Practice (ORCP)* is to publish high quality clinical and basic research relating to the epidemiology, mechanism, complications and treatment of obesity and the complication of obesity. Studies relating to the Asia Oceania region are particularly welcome, given the increasing burden of obesity in Asia Pacific, compounded by specific regional population-based and genetic issues, and the devastating personal and economic consequences. The journal aims to expose health care practitioners, clinical researchers, basic scientists, epidemiologists, and public health officials in the region to all areas of obesity research and practice. In addition to original research the *ORCP* publishes reviews, patient reports, short communications, and letters to the editor (including comments on published papers). The proceedings and abstracts of the Annual Meeting of the *Asia Oceania Association for the Study of Obesity* is published as a supplement each year.

Indexed by PubMed, MEDLINE, Thomson Reuters, and Scopus.

The journal is available online to TMASO and KSSO members, and is available by separate subscription.

To purchase books on Obesity or to browse our comprehensive range of Medical titles, please visit us at [http://www.elsevierhealth.com.au/](http://www.elsevierhealth.com.au/).

AUDIENCE

Health care practitioners, clinical researchers, basic scientists, epidemiologists, and public health officials working in areas related to obesity; Endocrinologists, cardiologists, internists and respiratory medicine specialists

IMPACT FACTOR

2018: 2.056 © Clarivate Analytics Journal Citation Reports 2019
ABSTRACTING AND INDEXING

Scopus
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GUIDE FOR AUTHORS

INTRODUCTION
Obesity Research & Clinical Practice publishes articles and letters on basic, clinical and public health aspects of obesity and related disorders.

Criteria for initial considerations for papers submitted will be originality, statistical provability of all data, and applicability to the aims of the Journal as a whole. Additional weight will be afforded to those submissions that are concise and comprehensible. All potentially acceptable manuscripts will be subjected to the process of peer review. To aid with the peer review process, please include names, addresses, (email), phone and fax numbers for all individuals suggested to review the manuscript.

Journal Principles
All manuscripts submitted to Obesity Research & Clinical Practice should report original research not previously published or being considered for publication elsewhere, make explicit any conflict of interest, identify sources of funding and generally be of a high ethical standard.

Submission of a manuscript to this journal gives the publisher the right to publish that paper if it is accepted. Manuscripts may be edited to improve clarity and expression. Submission of a paper to Obesity Research & Clinical Practice is understood to imply that it has not previously been published and that it is not being considered for publication elsewhere.

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You can use this list to carry out a final check of your submission before you send it to the journal for review. Please check the relevant section in this Guide for Authors for more details.

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All necessary files have been uploaded:
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• A competing interests statement is provided, even if the authors have no competing interests to declare
• Journal policies detailed in this guide have been reviewed
• Referee suggestions and contact details provided, based on journal requirements

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BEFORE YOU BEGIN
Avoiding Pejorative Language and Images
Obesity Research and Clinical Practice's policy is that journal content must not use potentially pejorative adjectives or adverbs when describing individuals with overweight or obesity, as well as language that directly or indirectly attributes moral judgments or character flaws to this population. Importantly, authors should not use "obese" as an adjective or noun to describe an individual person
or group of people, but instead use terms such as "people with obesity" and "populations with obesity." This also includes language and images that could be interpreted as stereotyping, biased, or prejudiced.

**Ethics in publishing**

Please see our information pages on Ethics in publishing and Ethical guidelines for journal publication.

**Ethical Standards**

All submissions to the Obesity Research & Clinical Practice must contain experiments that conform to the ethical standards listed below: The authors declare that all experiments on human subjects were conducted in accordance with the Declaration of Helsinki, http://www.wma.net, and that all procedures were carried out with the adequate understanding and written consent of the subjects. The authors also certify that formal approval to conduct the experiments described has been obtained from the human subjects review board of their institution and could be provided upon request. If the studies deal with animal experiments, the authors certify that they were carried out in accordance with the National Institute of Health Guide for the Care and Use of Laboratory Animals (NIH Publications No. 80-23) revised 1996 or the UK Animals (Scientific Procedures) Act 1986 and associated guidelines, or the European Communities Council Directive of 24 November 1986 (86/609/EEC). The authors also certify that formal approval to conduct the experiments described has been obtained from the animal subjects review board of their institution and could be provided upon request. The authors further attest that all efforts were made to minimize the number of animals used and their suffering. If the ethical standard governing the reported research is different from those guidelines indicated above, the authors must provide information in the submission cover letter about which guidelines and oversight procedures were followed. The Editors reserve the right to return manuscripts in which there is any question as to the appropriate and ethical use of human or animal subjects.

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**Author contributions**

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Scientific rigour - including following the relevant guidelines: Consort, Strobe, Save etc. People first language

Ethical standards need to be met, with funding source and conflicts adequately declared

Pilot studies, considered worthy of publication after desk review, will be returned to Authors with a request to resubmit as a Research Letter before being sent for further review. Research Letters will undergo a rapid review and publication time.

To increase the usefulness of Obesity Research & Clinical Practice to the readership, submissions in the following categories will be deemed appropriate for consideration by the Editors and Editorial Board:

Original Research Articles: Maximum of 3500 words applied to manuscript text only. Maximum of 5 tables/figures and 35 references. Divide the manuscript into the following sections: Title Page; Structured Abstract; Introduction; Subjects, Materials and Methods; Results; Discussion; Acknowledgements; References; figures and tables with legends.

Editorials: Comments by organizations or individuals on topics of current interest will be by invitation only.

Review articles: Critical presentations of topics of interest to those active in the prevention and treatment of obesity and its associated conditions, will generally be invited but unsolicited reviews will be considered for publication if topical, of high quality and subject to peer review.

Short Communication: Report results of original fundamental research in any branch in the field of obesity. Papers describing new methods or significant developments of recognised methods which provide significant insight into origin of obesity and obesity related-diseases, nervous system, the pathophysiology of an obesity related-disease, or obesity treatment may also be submitted. Articles should be written in sufficient detail to allow others to verify the above methods. Maximum of 1200 - 1500 words, 3 figures/tables and 20 references.

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Highlights should be submitted in a separate editable file in the online submission system. Please use 'Highlights' in the file name and include 3 to 5 bullet points (maximum 85 characters, including spaces, per bullet point).

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An abstract of no more than 250 words for articles (including reviews), or 50 to 100 words for brief communications, should be typed double-spaced on a separate page. It should cover the main factual points, including statements of the problem, methods, results and conclusions.

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Immediately after the abstract, provide a maximum of 6 keywords, avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

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All contributors who do not meet the criteria for authorship as defined above should be listed in an acknowledgements section. Examples of those who might be acknowledged include a person who provided purely technical help, writing assistance, or a department chair who provided only general support. Authors should disclose whether they had any writing assistance and identify the entity that paid for this assistance.

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**Electronic artwork**

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