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The official journal of the Shanghai Diabetes Institute. Obesity is a disease of increasing global prevalence with serious effects on both the individual and society. Obesity Medicine focusses on health and disease, relating to the very broad spectrum of research in and impacting on humans.

It is an interdisciplinary journal that addresses mechanisms of disease, epidemiology and comorbidities. Obesity Medicine encompasses medical, societal, socioeconomic as well as preventive aspects of obesity and is aimed at researchers, practitioners and educators alike.

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