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The official journal of the Shanghai Diabetes Institute. Obesity is a disease of increasing global prevalence with serious effects on both the individual and society. Obesity Medicine focuses on health and disease, relating to the very broad spectrum of research in and impacting on humans.

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Examples: 'as demonstrated (Allan, 2000a, 2000b, 1999; Allan and Jones, 1999).... Or, as demonstrated (Jones, 1999; Allan, 2000).... Kramer et al. (2010) have recently shown ....'

**List:** References should be arranged first alphabetically and then further sorted chronologically if necessary. More than one reference from the same author(s) in the same year must be identified by the letters 'a', 'b', 'c', etc., placed after the year of publication.

**Examples:**

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Reference to a journal publication with an article number:

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Reference to a website:

Reference to a dataset:

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