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DESCRIPTION

*Nutrition* has an open access mirror journal *Nutrition: X*, sharing the same aims and scope, editorial team, submission system and rigorous peer review. Founded by Michael M. Meguid in the early 1980's, *Nutrition* presents advances in nutrition research and science, informs its readers on new and advancing technologies and data in clinical nutrition practice, encourages the application of outcomes research and meta-analyses to problems in patient-related nutrition; and seeks to help clarify and set the research, policy and practice agenda for nutrition science to enhance human well-being in the years ahead.

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GUIDE FOR AUTHORS

Please note that per 1 January 2019 the Nutrition Guide for Authors has been updated in regards to the requirements for the submission of clinical trials. See further details below.

Nutrition has an open access mirror journal, Nutrition : X.

INTRODUCTION

*Nutrition* provides an international forum for professionals interested in the applied and basic biomedical nutritional sciences, and publishes papers both of clinical interest and of scientific import. Investigators are encouraged to submit papers in the disciplines of nutritionally related biochemistry, genetics, immunology, metabolism, molecular and cell biology, neurobiology, physiology, and pharmacology. Papers on nutrition-related plant or animal sciences which are not of direct relevance to man, whereas occasionally of interest are not the main focus of the Journal.

*Nutrition* publishes a wide range of articles, which includes original investigations, review articles, rapid communications, research letters, case reports and special category manuscripts. Manuscripts must be prepared in accordance with the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals" developed by the International Committee of Medical Journal Editors (*N Engl J Med* 1991;324:424-428). All submissions are peer reviewed.

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Authors please note: We please ask you to use line numbering throughout the manuscript text, to facilitate clear and rapid peer review

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Results should be clear and concise.

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**Results:** The main results of the study should be given in narrative form. Measurements or other information that may require explanation should be defined. Levels of statistical significance should be indicated, including other factors crucial to the outcome of the study.

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