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DESCRIPTION

*Nutrition* has an open access mirror journal *Nutrition: X*, sharing the same aims and scope, editorial team, submission system and rigorous peer review.

Founded by Michael M. Meguid in the early 1980's, *Nutrition* presents advances in *nutrition* research and science, informs its readers on new and advancing technologies and data in *clinical nutrition* practice, encourages the application of outcomes research and meta-analyses to problems in patient-related nutrition; and seeks to help clarify and set the research, policy and practice agenda for *nutrition science* to enhance human well-being in the years ahead.

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GUIDE FOR AUTHORS

Please note that per 1 January 2019 the Nutrition Guide for Authors has been updated in regards to the requirements for the submission of clinical trials. See further details below.

Nutrition has an open access mirror journal, Nutrition : X.

INTRODUCTION

*Nutrition* provides an international forum for professionals interested in the applied and basic biomedical nutritional sciences, and publishes papers both of clinical interest and of scientific import. Investigators are encouraged to submit papers in the disciplines of nutritionally related biochemistry, genetics, immunology, metabolism, molecular and cell biology, neurobiology, physiology, and pharmacology. Papers on nutrition-related plant or animal sciences which are not of direct relevance to man, whereas occasionally of interest are not the main focus of the Journal.

*Nutrition* publishes a wide range of articles, which includes original investigations, review articles, rapid communications, research letters, case reports and special category manuscripts. Manuscripts must be prepared in accordance with the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals" developed by the International Committee of Medical Journal Editors (*N Engl J Med* 1991;324:424-428). All submissions are peer reviewed.

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Editorial (up to 1000 words including tables, figures and references)

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Correspondence (Letter to the Editor) (1000 words including tables, figures and references)

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Ensure that the following information and files have been included. One author has been designated as the corresponding author with contact details: E-mail address Full postal address

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