



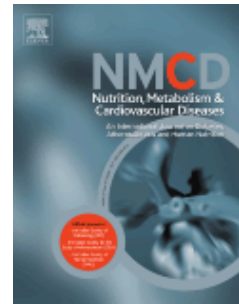
NUTRITION, METABOLISM & CARDIOVASCULAR DISEASES

An international journal on Diabetes, Atherosclerosis and Human Nutrition

AUTHOR INFORMATION PACK

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DESCRIPTION

Nutrition, Metabolism & Cardiovascular Diseases is a forum designed to focus on the powerful interplay between **nutritional** and metabolic alterations, and **cardiovascular disorders**. It aims to be a highly qualified tool to help refine strategies against the nutrition-related epidemics of **metabolic** and cardiovascular diseases. By presenting original clinical and experimental findings, it introduces readers and authors into a rapidly developing area of **clinical** and **preventive medicine**, including also **vascular biology**. Of particular concern are the origins, the mechanisms and the means to prevent and control diabetes, atherosclerosis, hypertension, and other nutrition-related diseases.

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Original Articles should report original clinical studies or research not previously published or being considered for publication elsewhere. The text should not exceed 3000 words, including list of authors and their affiliations, corresponding author, acknowledgements and figure legends, with an abstract of maximum 250 words, a list of no more than 30 references, and maximum 5 figures/tables (see below for more details on the layout).

Systematic Reviews are exhaustive, critical assessments of evidence from different data sources in relation to a given subject in the areas of diagnosis, prevention and treatment of clinical disorders or public health issues relevant to the NMCD readership.

A systematic search of the relevant data sources should be carried out and the items collected should be carefully evaluated for inclusion based on a-priori defined inclusion/exclusion criteria. A description and an analytical graphic representation of the process should be provided. The specific features of the participants' or patients' populations of the studies included in the review should be described as well as the measures of exposure and outcome with the indication of the corresponding data sources. A structured abstract is required (like for Short reviews). The text must not exceed 3000 words including the acknowledgments, with no more than 4 tables and/or figures and maximum 70 references.

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Examples:

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[1] Van der Geer J, Hanraads JAJ, Lupton RA. The art of writing a scientific article. *J Sci Commun* 2010;163:51–9.

Reference to a book:

[2] Strunk Jr W, White EB. *The elements of style*. 4th ed. New York: Longman; 2000.

Reference to a chapter in an edited book:

[3] Mettam GR, Adams LB. How to prepare an electronic version of your article. In: Jones BS, Smith RZ, editors. *Introduction to the electronic age*, New York: E-Publishing Inc; 2009, p. 281–304.

Reference to a website:

[4] Cancer Research UK. Cancer statistics reports for the UK, <http://www.cancerresearchuk.org/aboutcancer/statistics/cancerstatsreport/>; 2003 [accessed 13 March 2003].

Reference to a dataset:

[dataset] [5] Oguro M, Imahiro S, Saito S, Nakashizuka T. Mortality data for Japanese oak wilt disease and surrounding forest compositions, Mendeley Data, v1; 2015. <https://doi.org/10.17632/xwj98nb39r.1>.

Note shortened form for last page number. e.g., 51–9, and that for more than 6 authors the first 6 should be listed followed by 'et al.' For further details you are referred to 'Uniform Requirements for Manuscripts submitted to Biomedical Journals' (*J Am Med Assoc* 1997;277:927–34) (see also [Samples of Formatted References](#)).

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