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*Nutrition, Metabolism & Cardiovascular Diseases* is a forum designed to focus on the powerful interplay between *nutritional* and metabolic alterations, and *cardiovascular disorders*. It aims to be a highly qualified tool to help refine strategies against the nutrition-related epidemics of *metabolic* and cardiovascular diseases. By presenting original clinical and experimental findings, it introduces readers and authors into a rapidly developing area of *clinical* and *preventive medicine*, including also *vascular biology*. Of particular concern are the origins, the mechanisms and the means to prevent and control diabetes, atherosclerosis, hypertension, and other nutrition-related diseases.

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