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_Nutrition, Metabolism & Cardiovascular Diseases_ is a forum designed to focus on the powerful interplay between _nutritional_ and metabolic alterations, and _cardiovascular disorders_. It aims to be a highly qualified tool to help refine strategies against the nutrition-related epidemics of _metabolic_ and cardiovascular diseases. By presenting original clinical and experimental findings, it introduces readers and authors into a rapidly developing area of _clinical_ and _preventive medicine_, including also _vascular biology_. Of particular concern are the origins, the mechanisms and the means to prevent and control diabetes, atherosclerosis, hypertension, and other nutrition-related diseases.

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