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DESCRIPTION

The *NFS Journal* publishes high-quality original research articles and methods papers presenting cutting-edge scientific advances as well as review articles on current topics in all areas of **nutrition** and **food science**. The journal particularly invites submission of articles that deal with subjects on the interface of **nutrition** and **food research** and thus connect both disciplines. The journal offers a new form of submission **Registered Reports** (see below). *NFS Journal* is a forum for research in the following areas:

- Understanding the role of **dietary factors** (**macronutrients** and **micronutrients**, **phytochemicals**, **bioactive lipids** and **peptides** etc.) in **disease prevention** and maintenance of **optimum health**
- **Prevention** of **diet-** and **age-related pathologies** by **nutritional approaches**
- **Advances** in **food technology** and **food formulation** (e.g. novel strategies to reduce **salt**, **sugar**, or **trans-fat** contents etc.)
- Nutrition and food **genomics**, **transcriptomics**, **proteomics**, and **metabolomics**
- Identification and characterization of food components
- **Dietary sources** and **intake** of **nutrients** and **bioactive compounds**
- **Food authentication** and **quality**
- **Nanotechnology** in nutritional and food sciences
- (Bio-) **Functional properties** of foods
- **Development** and **validation** of novel **analytical** and **research methods**
- **Age-** and **gender-differences** in **biological activities** and the **bioavailability** of **vitamins**, **minerals**, and **phytochemicals** and other **dietary factors**
- Food **safety** and **toxicology**
- **Food** and **nutrition security**
- **Sustainability** of **food production**

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ABSTRACTING AND INDEXING

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GUIDE FOR AUTHORS

The **NFS Journal** publishes high-quality single-blind peer-reviewed original research articles and methods papers presenting cutting-edge scientific advances as well as review articles on current topics in all areas of **nutrition** and **food science**. The journal particularly invites submission of articles that deal with subjects on the interface of **nutrition** and **food research** and thus connect both disciplines. The journal offers a new form of submission **Registered Reports** (see below).

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Reference to a journal publication with an article number:

[2] Van der Geer, J., Hanraads, J.A.J., Lupton, R.A., 2018. The art of writing a scientific article. *Heliyon.* 19, e00205. <https://doi.org/10.1016/j.heliyon.2018.e00205>.

Reference to a book:

[3] W. Strunk Jr., E.B. White, *The Elements of Style*, fourth ed., Longman, New York, 2000.

Reference to a chapter in an edited book:

[4] G.R. Mettam, L.B. Adams, How to prepare an electronic version of your article, in: B.S. Jones, R.Z. Smith (Eds.), *Introduction to the Electronic Age*, E-Publishing Inc., New York, 2009, pp. 281–304.

Reference to a website:

[5] Cancer Research UK, Cancer statistics reports for the UK. <http://www.cancerresearchuk.org/aboutcancer/statistics/cancerstatsreport/>, 2003 (accessed 13 March 2003).

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[dataset] [6] M. Oguro, S. Imahiro, S. Saito, T. Nakashizuka, Mortality data for Japanese oak wilt disease and surrounding forest compositions, *Mendeley Data*, v1, 2015. <https://doi.org/10.17632/xwj98nb39r.1>.

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