DESCRIPTION

The *NFS Journal* publishes high-quality original research articles and methods papers presenting cutting-edge scientific advances as well as review articles on current topics in all areas of nutrition and food science. The journal particularly invites submission of articles that deal with subjects on the interface of nutrition and food research and thus connect both disciplines. The journal offers a new form of submission *Registered Reports* (see below). *NFS Journal* is a forum for research in the following areas:

- Understanding the role of **dietary factors** (*macronutrients* and *micronutrients*, *phytochemicals*, *bioactive lipids* and *peptides* etc.) in **disease prevention** and maintenance of optimum health
- Prevention of diet- and **age-related pathologies** by **nutritional approaches**
- Advances in **food technology** and **food formulation** (e.g. novel strategies to reduce salt, sugar, or trans-fat contents etc.)
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- Dietary sources and intake of **nutrients** and **bioactive compounds**
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