**NEUROBIOLOGY OF SLEEP AND CIRCADIAN RHYTHMS**

**AUTHOR INFORMATION PACK**

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**DESCRIPTION**

*Neurobiology of Sleep and Circadian Rhythms* is a multidisciplinary journal for the publication of original research and review articles on basic, translational and clinical research into sleep. It focuses on the mechanisms of sleep/wake and circadian regulation at the molecular and systems level and on research to examine the function of sleep. The translation of basic research findings to understand and treat sleep and circadian disorders is a key aim of the journal.

Topics include:
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- Molecular mechanisms
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- Inflammation and immunology
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- Neurological and neurodegenerative diseases
- Behavioral sleep disorders
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