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The qualities of meat - its composition, nutritional value, wholesomeness and consumer acceptability - are largely determined by the events and conditions encountered by the embryo, the live animal and the postmortem musculature. The control of these qualities, and their further enhancement, are thus dependent on a fuller understanding of the commodity at all stages of its existence – from the initial conception, growth and development of the organism to the time of slaughter and to the ultimate processing, preparation, distribution, cooking and consumption of its meat.

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Prior to conducting an experiment, due consideration needs to be given to the design of the experiment. This is so that after analysis of the data, some confidence can be given to the conclusions. For example if a study is designed to compare different breeds of cattle it is important that the animals selected are representative of the breed, not from a small number of sires and that individual animals sampled in the study can be linked back to their sire. If this condition isn't applied then the results may well reflect sire effects more than breed effects and the difference impossible to determine.

Another common problem in meat and food science is the lack of replication and also confounding. This is illustrated with two examples below taken from submitted papers:

**Example 1**

A total of thirty crossbred male lambs, single born in June were used in an experiment to compare three production systems (12 lambs allocated per system) and the subsequent effects not only on growth and carcase traits, but also meat quality traits. Lambs of the three production systems were weighed fortnightly. When a 35kg live weight target was achieved the lambs weighing >35kg were transported to an abattoir. Lambs were slaughtered after an overnight lairage without feed, but free access to water.

There are a number of issues with the design.

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**Example 2**

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