**DESCRIPTION**


*Maturitas* is an international multidisciplinary peer reviewed scientific journal of **midlife health** and beyond publishing original research, reviews, consensus statements and guidelines, and mini-reviews. The journal provides a forum for all aspects of **postreproductive health** in both genders ranging from basic science to health and social care.

Topic areas include: • Aging • Alternative and Complementary medicines • Arthritis and Bone Health • Cancer • Cardiovascular Health • Cognitive and Physical Functioning • Epidemiology, health and social care • Gynecology/ Reproductive Endocrinology • Nutrition/ Obesity Diabetes/ Metabolic Syndrome • Menopause, Ovarian Aging • Mental Health • Pharmacology • Sexuality • Quality of Life

*Maturitas* provides a lively and high visibility platform to encourage new insights and exchange of important new developments between researchers, clinicians and care providers in the field of midlife health to promote a personalized approach to healthy aging.

We offer Fast Track publication for clinical trials and research articles which present ground-breaking results that justify rapid dissemination. Articles accepted through this route can expect a final editorial decision in under 7 weeks. Accepted articles are published online (as Articles-in-Press) in less than 5 weeks.

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**Electronic readership**

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**AUDIENCE**

Gynaecologists, Endocrinologists, Geriatricians, Andrologists, Sociologists, Psychologists.
IMPACT FACTOR

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*Maturitas* will publish in the following areas:
- predictors, effects and management of chronic diseases
- sex steroid deficiency in both genders
- epidemiology, health and social care
- therapeutic advances
- complementary and alternative medicines

We offer Fast Track publication for clinical trials and research articles which present ground-breaking results that justify rapid dissemination. Articles accepted through this route can expect less than 8 weeks editorial time from submission to publication online. Articles submitted for this route will be checked by the Editor-in-Chief to determine if the criterion for fast publication has been met; if not, articles will be redirected to the normal route of category article.

New Investigators may also apply for the New Investigator Prize Paper Award. For more information please click [here](#).

**TYPES OF PAPERS**

*Original articles*: a full-length report of original basic or clinical investigation (2000-3000 words, up to 30 references). A structured abstract of no more than 250 words with the following sections (objectives, study design, main outcome measures, results, conclusions) is required. The rest of the paper should be structured as follows: Introduction, Methods, Results, Discussion, References. *Maturitas* gives priority to reports of original research that are likely to change clinical practice or thinking about a disease. We offer fast-track peer review and publication of randomized controlled trials that we judge of importance to practice or research (see Fast-track publication). We invite submission of all clinical trials, whether Phase I, II, or III. Submission of randomized controlled trials requires inclusion of a checklist and flowchart in accordance with the CONSORT guidelines and the registration number of the trial and the name of the trial registry. Studies of diagnostic accuracy must be reported according to STARD guidelines. Observational studies (cohort, case-control, or cross-sectional designs) must be reported according to the STROBE statement (see also [www.strobe-statement.org](http://www.strobe-statement.org)).

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- Management should be described in practical terms, so that it can be translated to the individual patient. Use appropriate examples to illustrate management problems, so that the reader actually knows what to do, when to do it, how to do it and why.
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• The abstract should include the key issues which will be addressed in your article, emphasising what we know, what we think we know and what we do not know.
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• Practice Points. Where appropriate, present the most important points to note in current clinical practice; these should be brief and set out as a bullet point list at the end of the main text.
• Research Agenda. Please indicate points which you feel would repay further research, again presented as a bullet point list at the end of the text.

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