DESCRIPTION


*Maturitas* is an international multidisciplinary peer reviewed scientific journal of **midlife health** and beyond publishing original research, reviews, consensus statements and guidelines, and mini-reviews. The journal provides a forum for all aspects of **postreproductive health** in both genders ranging from basic science to health and social care.

Topic areas include: • Aging • Alternative and Complementary medicines • Arthritis and Bone Health • Cancer • Cardiovascular Health • Cognitive and Physical Functioning • Epidemiology, health and social care • Gynecology/ Reproductive Endocrinology • Nutrition/ Obesity Diabetes/ Metabolic Syndrome • Menopause, Ovarian Aging • Mental Health • Pharmacology • Sexuality • Quality of Life

*Maturitas* provides a lively and high visibility platform to encourage new insights and exchange of important new developments between researchers, clinicians and care providers in the field of midlife health to promote a personalized approach to healthy aging.

We offer Fast Track publication for clinical trials and research articles which present ground-breaking results that justify rapid dissemination. Articles accepted through this route can expect a final editorial decision in under 7 weeks. Accepted articles are published online (as Articles-in-Press) in less than 5 weeks.

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**Electronic readership**

Each month more than 40,000 full-text articles are downloaded from ScienceDirect (average over 2015).

AUDIENCE

Gynaecologists, Endocrinologists, Geriatricians, Andrologists, Sociologists, Psychologists.
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*Maturitas* will publish in the following areas:
- predictors, effects and management of chronic diseases
- sex steroid deficiency in both genders
- epidemiology, health and social care
- therapeutic advances
- complementary and alternative medicines

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New Investigators may also apply for the New Investigator Prize Paper Award. For more information please click [here](http://example.com).

**TYPES OF PAPERS**

*Original articles:* a full-length report of original basic or clinical investigation (2000-3000 words, up to 30 references). A structured abstract of no more than 250 words with the following sections (objectives, study design, main outcome measures, results, conclusions) is required. The rest of the paper should be structured as follows: Introduction, Methods, Results, Discussion, References. *Maturitas* gives priority to reports of original research that are likely to change clinical practice or thinking about a disease. We offer fast-track peer review and publication of randomized controlled trials that we judge of importance to practice or research (see Fast-track publication). We invite submission of all clinical trials, whether Phase I, II, or III. Submission of randomized controlled trials requires inclusion of a checklist and flowchart in accordance with the CONSORT guidelines and the registration number of the trial and the name of the trial registry. Studies of diagnostic accuracy must be reported according to STARD guidelines. Observational studies (cohort, case-control, or cross-sectional designs) must be reported according to the STROBE statement (see also [www.strobe-statement.org](http://www.strobe-statement.org)).

*Short communications:* must not exceed 1,000 words with no more than one table or illustration and five references. An unstructured abstract of no more than 100 words is required. The text should be structured in four parts: Introduction, Methods, Results and Discussion.

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