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DESCRIPTION

*Journal of Sport and Health Science (JSHS)*, launched in May 2012, is a peer-reviewed scholarly journal dedicated to the advancement of sport/exercise/health sciences. By publishing original research, scholarly reviews, opinion papers, and research highlights/commentaries, JSHS aims to build a communication platform for international researchers to effectively share scholarly achievements.

With a distinguished editorial board, *JSHS* is dedicated to maintaining high academic standards, integrity, and excellence by publishing scholarly work of the highest quality in the sub-disciplines of sport/exercise/health sciences.

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GUIDE FOR AUTHORS

INTRODUCTION

Aims and Scope
Journal of Sport and Health Science (JSHS) is a peer-reviewed scholarly journal dedicated to the advancement of sport/exercise/health sciences. JSHS publishes original research, scholarly reviews, opinion papers, and research highlights / commentaries in exercise/sport science, physical education and sport coaching, health promotion, and traditional Chinese medicine. Through these features, JSHS aims to build a communication platform for international researchers to share scholarly achievements effectively. With the distinguished editorial board, JSHS will dedicate to high academic standards, integrity, and excellence by publishing scholarly work with highest quality in the following sub-disciplines of sport/exercise/health science.

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