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DESCRIPTION

The Journal of Sport and Health Science (JSHS) is a peer-reviewed, international, multidisciplinary journal dedicated to the advancement of sport, exercise, physical activity, and health sciences. JSHS publishes original and impactful research, topical reviews, editorials, opinion, and commentary papers relating physical and mental health, injury and disease prevention, traditional Chinese exercise, and human performance. Through a distinguished, carefully selected international editorial board, JSHS has adopted the highest academic standards, impeccable integrity, and an efficient publication platform.

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- Sport and exercise psychology
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- Physical education
- Traditional Chinese sports, exercise and health

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Uses a life-span approach to explore mechanisms and moderators of the effects of acute and chronic exercise on cognitive performance

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Anti-obesity neurocircuitry in the brain and the brain regulation of peripheral tissues using conditional, neuron-specific genetic engineering techniques to regulate gene expression in the mouse brain

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Unique nutritional products as countermeasures to exercise- and obesity-induced immune dysfunction, Inflammation, Illness, and Oxidative stress

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Biomechanics, Exercise physiology, Training sciences

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GUIDE FOR AUTHORS

INTRODUCTION

Aims and Scope

The Journal of Sport and Health Science (JSHS) is a peer-reviewed, international, multidisciplinary journal dedicated to the advancement of sport, exercise, physical activity, and health sciences. JSHS publishes original and impactful research, topical reviews, editorials, opinion, and commentary papers relating physical and mental health, injury and disease prevention, traditional Chinese exercise, and human performance. Through a distinguished, carefully selected international editorial board, JSHS has adopted the highest academic standards, impeccable integrity, and an efficient publication platform.

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BEFORE YOU BEGIN

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