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DESCRIPTION

The Journal of Sport and Health Science (JSHS) is a peer-reviewed, international, multidisciplinary journal dedicated to the advancement of sport, exercise, physical activity, and health sciences. JSHS publishes original and impactful research, topical reviews, editorials, opinion, and commentary papers relating physical and mental health, injury and disease prevention, traditional Chinese exercise, and human performance. Through a distinguished, carefully selected international editorial board, JSHS has adopted the highest academic standards, impeccable integrity, and an efficient publication platform.

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- Sport and exercise biochemistry and nutrition
- Sport and exercise psychology
- Exercise and brain health
- Physical education
- Traditional Chinese sports, exercise and health

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Concussion and postural control, Age of first exposure to sports and neurological outcomes

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Prevalence and measuring physical activity across the lifespan, understanding its determinants, identifying the most effective ways to promote more physical activity and less sitting

Jennifer L. Etnier, University of North Carolina at Greensboro, Greensboro, North Carolina, United States
Uses a life-span approach to explore mechanisms and moderators of the effects of acute and chronic exercise on cognitive performance

Li Li Ji, University of Minnesota, Minneapolis, Minnesota, United States

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GUIDE FOR AUTHORS

INTRODUCTION

Aims and Scope

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BEFORE YOU BEGIN

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