DESCRIPTION

The *Journal of Contextual Behavioral Science* is the official journal of the Association for Contextual Behavioral Science (ACBS).

Contextual Behavioral Science is a **systematic and pragmatic approach** to the understanding of behavior, the solution of human problems, and the promotion of human growth and development. Contextual Behavioral Science uses **functional principles and theories** to analyze and modify action embedded in its historical and situational context. The goal is to **predict and influence behavior**, with precision, scope, and depth, across all behavioral domains and all levels of analysis, so as to help create a behavioral science that is more adequate to the challenge of the human condition.

Contextual behavioral science is a strategic approach to the analysis of human behavior that proposes the need for a **multi-level** (e.g. social factors, neurological factors, behavioral factors) and **multi-method** (e.g., time series analyses, cross-sectional, experimental) exploration of contextual and **manipulable** variables relevant to the prediction and influence of human behavior.

The journal considers papers relevant to a contextual behavioral approach including:

- Empirical studies (without topical restriction - e.g., clinical psychology, psychopathology, education, organizational psychology, etc.) Brief reports on preliminary, but provocative findings Reviews (systematic reviews and meta-analyses are preferred) and Conceptual and philosophical papers on contextual behavioral science Practical innovations (descriptions of practical innovation applying contextual behavioral science) Commentaries

We are particularly interested in: Papers emphasizing the study of core **behavioral processes** that are relevant to a **broad range of human problems** Papers bridging different approaches (e.g., connecting behavioral approaches with cognitive views; or neurocognitive psychology; or evolutionary science) Papers that challenge a contextual behavioral science approach from an informed perspective

The journal welcomes papers written by researchers, practitioners, and theoreticians from different intellectual traditions. What is distinctive is not a narrowly defined theory or set of applied methods but whether the methodology, conceptualization, or strategy employed is relevant to a contextual behavioral approach.

**Special Issues**
The Journal welcomes suggestions for Special Issues. Proposals for a themed Special Issue should be sent to the Editor-in-Chief, Michael Levin at The Journal of Contextual Behavioral Science is the official journal of the Association for Contextual Behavioral Science (ACBS).

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ACT, MBI, chronic illnesses
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Types of article
All manuscripts must clearly and explicitly be of relevance to CBS. You may find the JCBS article "Contextual Behavioral Science: creating a science more adequate to the challenge of the human condition" helpful in assessing whether your manuscript is likely to be of interest to readers of this journal.

Articles should fall into one of six categories:
1. Empirical research (up to 6000 words)
2. Brief empirical reports (up to 3000 words)
3. Review articles (up to 10,000 words)
4. Conceptual articles (up to 6000 words)
5. Practical innovations (up to 6000 words)
6. Commentaries (up to 3000 words)

Word limits exclude references, tables and figures but include the abstract

1. Empirical research. JCBS welcomes manuscripts across a breadth of domains from basic behavioral science to clinical trials. Potential methodologies include but are not limited to randomized controlled trials, single case experimental designs, cross-sectional and prospective cohort studies, mixed-methods designs, and laboratory-based studies. For randomized clinical trials, JCBS requires that submissions follow CONSORT guidelines (http://www.consort-statement.org). Papers reporting null findings are also welcome if their methodology is sound and their power sufficient.

2. Brief empirical reports. Manuscripts in this section may report preliminary, provocative or replicated results. Empirically sound methodology and adequate power remain important considerations.

3. Review articles. Manuscripts reviewing a wide range of topics are encouraged as long as their content is directly relevant to CBS. Systematic reviews and meta-analyses are particularly welcome. For meta-analyses and systematic reviews, JCBS requires submissions follow PRISMA guidelines (http://www.prisma-statement.org/).

4. Conceptual articles. Manuscripts in this section should address conceptual or theoretical issues relevant to CBS. This may include papers that discuss relevant philosophical assumptions and traditions, or conceptual papers which explore aspects of or inconsistencies in contextual behavioral theory and science.

5. Practical innovations. Manuscripts in this section share innovative and practically useful descriptions of applications of CBS to a given problem area based on real world implementation, with preliminary data supporting the innovation directly (preferred) or indirectly through relevant conceptual and empirical references. Submissions are evaluated based on the degree to which they 1) provide information that is directly useful to applied work, 2) provide innovative information (e.g., a novel protocol, population, issue), 3) are based on real world implementation/practice, and 4) are based on preliminary data reported in the manuscript, or a strong link to existing conceptual/empirical literature. Submissions that report empirical data should still primarily emphasize detailed descriptions of the intervention/training protocol and/or of the applied relevance of the findings (e.g., clarifying and problem solving how to address an applied challenge identified in the study).

6. Commentaries. In some circumstances, we will consider commentaries on other manuscripts that have been recently published in JCBS. Commentaries will be subjected to peer-review and will be held to the same standards of providing a notable contribution to our field to warrant publication. Authors will typically be informed when a commentary has been submitted on a manuscript they have published and will be given the opportunity to respond in print if the commentary is published. We encourage authors to contact the editor-in-chief prior to preparing a commentary to determine potential suitability for JCBS.
The Journal welcomes suggestions for Special Issues. Proposals for a themed Special Issue should be sent to the Editor-in-Chief, Michael Levin at Mike.Levin@usu.edu, and should include suggested Guest Editors, a proposed call-for-papers, 6-10 example authors and topics that would fit the special issue, a proposed timeline for submission, peer-reviewing, revision and publication. All manuscripts in a special issue will be subject to the normal process of peer-review.

**Contact details for submission**
To contact the Editor-in-Chief prior to your submission with any questions, please email Mike.Levin@usu.edu

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**Ensure that the following items are present:**

One author has been designated as the corresponding author with contact details:
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- All figures (include relevant captions)
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**Highlights**

**Conflict of Interest**

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- Manuscript has been 'spell checked' and 'grammar checked'
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