DESCRIPTION

The *Journal of Bodywork and Movement Therapies* is a peer-reviewed journal that brings you the latest **therapeutic techniques** and current professional debate.

Publishing highly illustrated articles on a wide range of subjects this journal is immediately relevant to everyday clinical practice in **private, community** and **primary health care** settings.

Techniques featured include:

- Physical Therapy
- Osteopathy
- Chiropractic
- Massage Therapy
- Structural Integration
- Feldenkrais
- Yoga Therapy
- Dance
- Physiotherapy
- Pilates
- Alexander Technique
- Shiatsu and Tuina
- Occupational Therapy
- Tai Chi / Qi Gong
- Cranial Therapy
- Neuromuscular Therapy
- Lymph Drainage
- Sports Therapy
- Applied Kinesiology
Essential reading for all those involved in the assessment, diagnosis, treatment and rehabilitation of musculoskeletal dysfunction.

Journal History and Mission Statement

The Journal of Bodywork and Movement Therapies was founded in 1996 by Leon Chaitow, an authority on many topics within the bodywork professions. He passed away in late 2018, having established the current editorial team. The journal is comprised of four specialised sections, each headed and curated by one or more associate editors, all of whom have served in their roles for several years.

JBMT was originally created, in the words of Leon Chaitow:

- To offer material which can both increase our knowledge base while also encouraging creative, intuitive, improvisation in the individual and collective professional evolution of those engaged in health care utilizing manual and movement methods.
- To emphasise integration, rather than separation, between the bodywork modalities and professions JBMT serves.
- To "translate" between research and clinical practice, by a/ ensuring that published research articles provide usable, clinically relevant information for direct application by clinicians; b/ feeding back to researchers where more work is needed and demonstrating how it is used in clinical practice through case reports/studies/series; c/ cultivating & facilitating dialogue between these two poles of the sciences.
- One of JBMT’s defining missions has always been the promotion of the potential of those who submit their work for critical consideration, for publication. This includes active mentoring and encouragement of nascent authors, as well as assisting established ones.

Clinical Relevance & Journal Scope

The scope of this journal is broad and integrative, but places a strong emphasis on clinical relevance. This has been a priority since the journal was founded. To better serve readers, as of early 2019, the Editorial Board requires all authors to add a "Clinical Relevance" section at the end of their manuscripts. This should consist of between 2 and 5 brief bullet points highlighting the use, applicability, or implications of their findings with clinicians in mind.

The study types we accept include original research; most standard types of clinical trials; systematic and narrative reviews; case reports and case series. We do not publish protocol studies.

JBMT welcomes Letters to the Editor that respond to or make observations regarding published articles. However, to be accepted for publication these should make a substantial addition to the topic.

Featuring and rewarding "Mentored Research"

Alongside our commitment to supporting excellence in research and featuring the ongoing work at the cutting edge of scientific developments in the fields we serve, in keeping with our mission statement, from 2019, the Editorial Board is establishing a new approach to supporting early-career researchers.

All published articles written by early-career / postgraduate researchers in a supervised context, will be given the additional designation "Mentored Research" within the journal headings. In addition, all accepted articles in this category will be examined and voted on once annually by the Editorial Board.

The top two articles selected will be awarded 1st and 2nd Leon Chaitow Prize for Excellence in Early Career Research.

The Leon Chaitow Award for Excellence in Early Career Research

JBMT’s founding Editor-in-Chief, Leon Chaitow (1937–2018) was deeply committed to supporting young researchers and their potential. His daughter, Dr Sasha Chaitow, Managing Editor of JBMT, is establishing this award in honour of Leon Chaitow's vision and legacy, and in continuing support of this vision.
The award will consist of:

- An official award certificate naming the authors of the winning articles
- A feature within the April Issue lead editorial each year, highlighting the significance of the content of the winning articles and providing a snapshot of the authors' achievements to date, if provided.
- A gift of selected books on manual therapy techniques by Leon Chaitow, from his own library, signed and authenticated by Dr Sasha Chaitow.

Further honourable mention will be given to the first 3 runners-up after the prize winners.

**Eligibility:** Only articles where the main author is a postgraduate student or recent graduate will be considered for this award. This includes articles based on Master's or PhD theses. Editors may request proof of the author's student or post-doctoral status and their contribution to the article prior to consideration.

**Deadlines:** All eligible articles that were accepted for publication between **September 20th 2018** and **September 19th 2019** will be considered for the inaugural prize to be announced in early 2020. Following this, the date of September 19th will be the deadline for consideration each year. Articles considered during one calendar year will not be considered in the following one.

For eligible articles that were accepted on JBMT's manual system (via email) and not entered into the online editorial platform, authors are invited to email the Editorial Team at editorjbmt@gmail.com with the following information:

- The subject line MUST read "Entry for Leon Chaitow Award 2018–19"
- Date of acceptance and a copy of the acceptance letter with an electronic timestamp
- The DOI or YJBMT-4 digit code of the article concerned
- Proof of student or post-doctoral status and details of their contribution to the article
- A letter of reference from the author's main academic supervisor

The Editorial Board will examine and decide on the winning articles between September and November each year, and the winning articles will be announced in the April issue of JBMT. The Editorial team will contact the winning authors prior to making the announcement.

**ABSTRACTING AND INDEXING**

- Scopus
- CINAHL
- Neuroscience Abstracts
- Embase
- Cambridge Scientific Abstracts
- Cochrane Center
- Calcium and Calcified Tissue
- MANTIS
- CHID(AM)
- PubMed/Medline

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The Journal of Bodywork and Movement Therapies brings you the latest therapeutic techniques and current professional debate. Publishing highly illustrated articles on a wide range of subjects this journal is immediately relevant to everyday clinical practice in private, community and primary health care settings.

Aims and Scope
Please see this page for detailed information: https://www.bodyworkmovementtherapies.com/content/aims

Presentation of typescripts
Your article should be double spaced with a margin of at least 3cm.

Papers should be set out as follows, with each section beginning on a separate sheet: title page, abstract, text, acknowledgements, references, tables, and captions to illustrations.

You should give a maximum of four degrees/qualifications for each author and the current relevant appointment.

The abstract should be structured and no more than 250 words in length. It should follow the appropriate structure for your study type (eg. Randomized Controlled Trial; Systematic Review, etc) as laid out in the scientific reporting guidelines on https://www.equator-network.org/ . If in doubt, use the generic structure: Introduction; Method; Results; Discussion; Conclusion.

Text
Headings should be appropriate to the nature of the paper. The use of headings enhances readability. Three categories of headings should be used:
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•secondary ones should be typed in lower case (with an initial capital letter) in the left hand margin and underlined
•minor ones typed in lower case and italicised

Do not use 'he', 'his', etc. where the sex of the person is unknown; say 'the patient', etc. Avoid inelegant alternatives such as 'he/she'. Avoid sexist language.

Avoid the use of first person ('I' statements) and second person ('you' statements). Third person, objective reporting is appropriate. In the case of reporting an opinion statement or one that cannot be referenced, the rare use of 'In the author's opinion?' or 'In the author's experience?' might be appropriate. If in doubt, ask the editor or associate editor for assistance.

Acronyms used within the text are spelled out at the first location of usage and used as the acronym thereafter. For example, 'The location of a central trigger point (CTrP) is central to a taut fiber. The CTrP is palpated by......'

Single quotation are used to express a quote marks (Matthews (1989) suggests, 'The best type of?') while double quotation marks are used for a quote within a quote or to emphasise a word within a quote.

Promotion of self, seminars or products is inappropriate. Reference to a particular product as it applies to the discussion, particularly where valid research of the product or comparison of products is concerned, can be included as long as a non-promotional manner is used.

Structure
We expect authors to follow the scientific reporting guidelines for their study type, as found on https://www.equator-network.org/ . Editors and reviewers will look for evidence of their use in submitted manuscripts. This will affect editorial decisions.

All full-length submissions should include a final section entitled "Clinical Relevance". This should contain between 2-5 bullet points highlighting the immediate usefulness and/or implications of the study's findings for clinicians. Submissions that omit this feature will be returned for correction.
Illustrations
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Here are examples:

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