JOURNAL OF BODYWORK AND MOVEMENT THERAPIES

Official journal of:
• The Association of Neuromuscular Therapists
• The Australian Pilates Method Association
• The National Association of Myofascial Trigger Point Therapists, USA
• The Pilates Foundation (UK)
• Hands On Seminars, USA
• The Fascia Research Society, USA

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DESCRIPTION

The Journal of Bodywork and Movement Therapies is a peer-reviewed journal that brings you the latest therapeutic techniques and current professional debate.

Publishing highly illustrated articles on a wide range of subjects this journal is immediately relevant to everyday clinical practice in private, community and primary health care settings.

Techniques featured include:

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