INTERNATIONAL JOURNAL OF NURSING SCIENCES

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*International Journal of Nursing Sciences (IJNSS, ISSN: 2352-0132, print ISSN: 2096-6296, CN: 10-1444/R)* is the official peer-reviewed research journal of the Chinese Nursing Association. This journal aims to promote excellence in nursing and health care through the dissemination of the latest, evidence-based, peer-reviewed clinical information and original research, providing an international platform for exchanging knowledge, research findings and nursing practice experience. This journal covers a wide range of nursing topics such as advanced nursing practice, bio-psychosocial issues related to health, cultural perspectives, lifestyle change as a component of health promotion, chronic disease, including end-of-life care, family care giving. *IJNSS* publishes four issues per year in Jan/Apr/Jul/Oct. The intended readership includes practicing nurses in all spheres and at all levels who are committed to advancing practice and professional development on the basis of new knowledge and evidence; managers and senior members of the nursing; nurse educators and nursing students etc. *IJNSS* seeks to enrich insight into clinical need and the implications for nursing intervention and models of service delivery. Contributions are welcomed from other health professions on issues that have a direct impact on nursing practice.

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CHEN conceived the study, designed the trial and obtained research funding. WANG and LI supervised the conduct of the trial and data collection. WANG and LI undertook recruitment of participating centers and patients and managed the data, including quality control. CHEN and WANG provided statistical advice on study design and analyzed the data; CHEN chaired the data oversight committee. CHEN drafted the manuscript and all authors contributed substantially to its revision. CHEN takes responsibility for the paper as a whole.

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