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*International Journal of Nursing Sciences (IJNSS, ISSN: 2352-0132, print ISSN: 2096-6296, CN: 10-1444/R)* is the official peer-reviewed research journal of the Chinese Nursing Association. This journal aims to promote excellence in nursing and health care through the dissemination of the latest, evidence-based, peer-reviewed clinical information and original research, providing an international platform for exchanging knowledge, research findings and nursing practice experience. This journal covers a wide range of nursing topics such as advanced nursing practice, bio-psychosocial issues related to health, cultural perspectives, lifestyle change as a component of health promotion, chronic disease, including end-of-life care, family care giving. *IJNSS* publishes four issues per year in Jan/Apr/Jul/Oct. The intended readership includes practicing nurses in all spheres and at all levels who are committed to advancing practice and professional development on the basis of new knowledge and evidence; managers and senior members of the nursing; nurse educators and nursing students etc. *IJNSS* seeks to enrich insight into clinical need and the implications for nursing intervention and models of service delivery. Contributions are welcomed from other health professions on issues that have a direct impact on nursing practice.

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INTRODUCTION

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