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The following list will be useful during the final checking of an article prior to sending it to the journal for review. Please consult this Guide for Authors for further details of any item.

**Ensure that the following items are present:**
- The correspondence author includes an institutional email address
- The title is 15 words or less
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- The Abstract and the Resumen (both) have 150-200 words each, and it is structured in the following sections: Background/Objective, Method, Results, and Conclusions.
- The Abstract / Resumen is written in a single paragraph
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- The Original Article included the relevant sections: Introduction, Method (Participants, Instruments and Procedure), Results, Discussion / Conclusions and References
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