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DESCRIPTION

The *International Journal of Clinical Health Psychology* is a quarterly publication produced by the Asociación Española de Psicología Conductual since 2001. Our Journal publishes experimental, theoretical and applied articles that contribute to the advancement in any of the areas of clinical and health psychology. Manuscripts are published in English. Original articles, review articles, case reports and reviews of books are published in the *International Journal of Clinical Health Psychology*.

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• The Abstract and the Resumen (both) have 150-200 words each, and it is structured in the following sections: Background/Objective, Method, Results, and Conclusions.
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