



# EATING BEHAVIORS

An International Journal

## AUTHOR INFORMATION PACK

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### DESCRIPTION

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*Eating Behaviors* is an international peer-reviewed scientific journal publishing human research on the etiology, prevention, and treatment of obesity, binge eating, and eating disorders in adults and children. Studies related to the promotion of healthy eating patterns to treat or prevent medical conditions (e.g., hypertension, diabetes mellitus, cancer) are also acceptable. Two types of manuscripts are encouraged: (1) Descriptive studies establishing functional relationships between eating behaviors and social, cognitive, environmental, attitudinal, emotional or biochemical factors; (2) Clinical outcome research evaluating the efficacy of prevention or treatment protocols.

While theoretical orientations are diverse, the emphasis of the journal is primarily empirical. That is, sound experimental design combined with valid, reliable assessment and evaluation procedures are a requisite for acceptance. Uncontrolled clinical demonstrations and case studies are not accepted for publication. A limited number of reviews are published.

### AUDIENCE

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Clinical psychologists, counselling psychologists and psychiatrists who specialise in eating disorders and/or obesity.

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