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*Complementary Therapies in Medicine* is an international, peer-reviewed journal that has considerable appeal to anyone who seeks objective and critical information on *complementary therapies* or who wishes to deepen their understanding of these approaches. It will be of particular interest to healthcare practitioners including family practitioners, complementary therapists, nurses, and physiotherapists; to academics including social scientists and CAM researchers; to healthcare managers; and to patients.

*Complementary Therapies in Medicine* aims to publish valid, relevant and rigorous research and serious discussion articles with the main purpose of improving healthcare. The journal believes that good healthcare needs to be based on clinical judgement and the available evidence on what is safe and effective, integrating conventional and complementary therapies as appropriate.

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Each issue features original, high quality research on complementary medicine, as well as information and experiences on integrating complementary medicine into mainstream care.

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