**DESCRIPTION**

*Clinical Nutrition*, the official journal of ESPEN, The European Society for Clinical Nutrition and Metabolism, is an international journal providing essential scientific information on nutritional and metabolic care and the relationship between nutrition and disease both in the setting of basic science and clinical practice. Published bi-monthly, each issue combines original articles and reviews providing an invaluable reference for any specialist concerned with these fields.

Nutrition and nutritional care have gained wide clinical and scientific interest during the past decades. The increasing knowledge of metabolic disturbances and nutritional assessment in chronic and acute diseases has stimulated rapid advances in design, development and clinical application of nutritional support. The aims of ESPEN are to encourage the rapid diffusion of knowledge and its application in the field of Parenteral and Enteral Nutrition or, more broadly, Clinical Nutrition and Metabolism.

Being the journal of ESPEN with members from various interests, either focused on basic research or clinical disciplines, the journal reflects the scientific nature of this multidisciplinary background and encourages the coordination of investigation and research from these disciplines. The journal publishes guidelines, consensus statements, original articles, short communications, letters to the Editor and review papers on those factors in acute and chronic diseases, which have metabolic and nutritional implications. It also publishes scientific works related to the development of new techniques and their application in the field of clinical nutrition.

**AUDIENCE**

Investigators and clinicians (gastroenterologists, surgeons, intensivists, paediatricians, e.o.) in the field of clinical nutrition and metabolism, dieticians, nutritionists, pathologists, clinical biochemists.

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The Clinical Nutrition ESPEN Journal is an electronic-only official publication of the European Society for Clinical Nutrition and Metabolism (ESPEN). Published bimonthly, Clinical Nutrition ESPEN focuses on publishing articles on the relationship between nutrition and disease in the setting of basic science and clinical practice. Clinical Nutrition ESPEN is available to all members of ESPEN and to all subscribers of Clinical Nutrition. Should the Editor-in-Chief feel that a paper which has been submitted to Clinical Nutrition is more suitable for publication in Clinical Nutrition ESPEN, the author will be advised by the Editorial Office and will then have the choice whether to proceed with publishing their paper in Clinical Nutrition ESPEN or to withdraw their paper. Manuscript submission directly to Clinical Nutrition ESPEN should be clearly indicated in the covering letter.

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The Editorial Office has implemented an Easy Submission Process. We only ask you that with initial submission the manuscripts are double-spaced (including references, tables, and figure legends) and lines are numbered continuously, beginning in the title page and thus every line has a unique number (Microsoft WORD: /Page Layout>Line Numbers).

All required items below need to be completed in formatting prior to final acceptance of a manuscript. Please note - CLINICAL NUTRITION does not accept case-studies. We suggest to submit case studies to CLINICAL NUTRITION ESPEN. For further information on publication governance in Clinical Nutrition please read the following Editorial.

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Review Article. Should contain at least 2 Figures and 2 Tables to summarize the most important data and/or concepts.
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Letter to the Editor. Is considered for publication provided it does not contain material that has been submitted or published elsewhere. The text, not including references, must not exceed 450 words. The letter must have no more than five references and one figure or small table and should not be signed by more than three authors. When a letter refers to an article recently published in Clinical Nutrition, the opportunity for reply will be given to the authors of the original article. Such a reply will be published along with the letter. Start the letter with "Dear Editor".

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Report. Should be organized as Full Length Articles and are submitted by chairs of Special Interest Groups (SIG) or are submitted in collaboration with the Editorial Office.

Meta-analyses. Should be organized as Full Length Articles. All Meta-analyses submitted for publication in Clinical Nutrition and Clinical Nutrition ESPEN should also include a completed uploaded PRISMA Statement. We have adopted the definitions of systematic review and meta-analysis used by the Cochrane Collaboration. A systematic review is a review of a clearly formulated question that uses systematic and explicit methods to identify, select, and critically appraise relevant research, and to collect and analyze data from the studies that are included in the review. Statistical methods (meta-analysis) may or may not be used to analyze and summarize the results of the included studies. Meta-analysis refers to the use of statistical techniques in a systematic review to integrate the results of included studies. Downloadable forms are located at http://www.prisma-statement.org/.
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