CLINICAL NUTRITION
Official Journal of ESPEN, The European Society for Clinical Nutrition and Metabolism

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DESCRIPTION

Clinical Nutrition, the official journal of ESPEN, The European Society for Clinical Nutrition and Metabolism, is an international journal providing essential scientific information on nutritional and metabolic care and the relationship between nutrition and disease both in the setting of basic science and clinical practice. Published bi-monthly, each issue combines original articles and reviews providing an invaluable reference for any specialist concerned with these fields.

Nutrition and nutritional care have gained wide clinical and scientific interest during the past decades. The increasing knowledge of metabolic disturbances and nutritional assessment in chronic and acute diseases has stimulated rapid advances in design, development and clinical application of nutritional support. The aims of ESPEN are to encourage the rapid diffusion of knowledge and its application in the field of Parenteral and Enteral Nutrition or, more broadly, Clinical Nutrition and Metabolism.

Being the journal of ESPEN with members from various interests, either focused on basic research or clinical disciplines, the journal reflects the scientific nature of this multidisciplinary background and encourages the coordination of investigation and research from these disciplines. The journal publishes guidelines, consensus statements, original articles, short communications, letters to the Editor and review papers on those factors in acute and chronic diseases, which have metabolic and nutritional implications. It also publishes scientific works related to the development of new techniques and their application in the field of clinical nutrition.

AUDIENCE

Investigators and clinicians (gastroenterologists, surgeons, intensivists, paediatricians, e.o.) in the field of clinical nutrition and metabolism, dieticians, nutritionists, pathologists, clinical biochemists.

IMPACT FACTOR

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Clinical Nutrition, an official journal of ESPEN, The European Society for Clinical Nutrition and Metabolism, is an international journal providing scientific information on nutritional and metabolic care and the relationship between nutrition and disease both in the setting of basic science and clinical practice. Published bi-monthly, each issue combines original articles, reviews and other types of publications that will provide an invaluable reference for any specialist concerned with the field of interest.

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The Clinical Nutrition ESPEN Journal is an electronic-only official publication of the European Society for Clinical Nutrition and Metabolism (ESPEN). Published bimonthly, Clinical Nutrition ESPEN focuses on publishing articles on the relationship between nutrition and disease in the setting of basic science and clinical practice. Clinical Nutrition ESPEN is available to all members of ESPEN and to all subscribers of Clinical Nutrition. Should the Editor-in-Chief feel that a paper which has been submitted to Clinical Nutrition is more suitable for publication in Clinical Nutrition ESPEN, the author will be advised by the Editorial Office and will then have the choice whether to proceed with publishing their paper in Clinical Nutrition ESPEN or to withdraw their paper. Manuscript submission directly to Clinical Nutrition ESPEN should be clearly indicated in the covering letter.

Easy Submission Process

The Editorial Office has implemented an Easy Submission Process. We only ask you that with initial submission the manuscripts are double-spaced (including references, tables, and figure legends) and lines are numbered continuously, beginning in the title page and thus every line has a unique number (Microsoft WORD: /Page Layout>Line Numbers).

All required items below need to be completed in formatting prior to final acceptance of a manuscript. Please note - CLINICAL NUTRITION does not accept case-studies. We suggest to submit case studies to CLINICAL NUTRITION ESPEN. For further information on publication governance in Clinical Nutrition please read the following Editorial.

Full Length Articles. Should be organized in the following successive sections and manuscript preparation and format information above to be followed: Title Page, Abstract (Background & Aims - Methods - Results - Conclusions). Introduction, Materials and Methods (including statistical considerations and ethical statement), Results, Discussion, Acknowledgements, Statement of Authorship, Conflict of Interest Statement and Funding sources, References; Figure and Table Legends. The Introduction should be limited to 1.5 pages and the Discussion to 4 pages (1200 words).

Review Article. Should contain at least 2 Figures and 2 Tables to summarize the most important data and/or concepts.
(Inter)national Guidelines. Can be submitted after consultation with the Editorial Office (espenjournals@espen.org).

ESPEN Guidelines. Are submitted in collaboration with the Editorial Office (espenjournals@espen.org).

ESPEN Endorsed Recommendations. Are submitted in collaboration with the Editorial Office (espenjournals@espen.org).

Letter to the Editor. Is considered for publication provided it does not contain material that has been submitted or published elsewhere. The text, not including references, must not exceed 450 words. The letter must have no more than five references and one figure or small table and should not be signed by more than three authors. When a letter refers to an article recently published in Clinical Nutrition, the opportunity for reply will be given to the authors of the original article. Such a reply will be published along with the letter. Start the letter with "Dear Editor".

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Short Communications. Should not contain more than 10 references and organized as Full Length Articles. Maximum 1500 words.

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Educational Papers. Should be organized as Full Length articles and contain at least 2 Figures and 2 Tables to summarize the most important data and/or concepts.

Invited Editorial. Is by invitation from the Editor-in-Chief.

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Report. Should be organized as Full Length Articles and are submitted by chairs of Special Interest Groups (SIG) or are submitted in collaboration with the Editorial Office.

Meta-analyses. Should be organized as Full Length Articles. All Meta-analyses submitted for publication in Clinical Nutrition and Clinical Nutrition ESPEN should also include a completed uploaded PRISMA Statement. We have adopted the definitions of systematic review and meta-analysis used by the Cochrane Collaboration. A systematic review is a review of a clearly formulated question that uses systematic and explicit methods to identify, select, and critically appraise relevant research, and to collect and analyze data from the studies that are included in the review. Statistical methods (meta-analysis) may or may not be used to analyze and summarize the results of the included studies. Meta-analysis refers to the use of statistical techniques in a systematic review to integrate the results of included studies. Downloadable forms are located at http://www.prisma-statement.org/.
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**Author contributions**

For transparency, we encourage authors to submit an author statement file outlining their individual contributions to the paper using the relevant CRediT roles: Conceptualization; Data curation; Formal analysis; Funding acquisition; Investigation; Methodology; Project administration; Resources; Software; Supervision; Validation; Visualization; Roles/Writing - original draft; Writing - review & editing. Authorship statements should be formatted with the names of authors first and CRediT role(s) following. [More details and an example](#)

**Authorship**

All authors should have made substantial contributions to all of the following: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising it critically for important intellectual content, (3) final approval of the version to be submitted.

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Authors are expected to consider carefully the list and order of authors before submitting their manuscript and provide the definitive list of authors at the time of the original submission. Any addition, deletion or rearrangement of author names in the authorship list should be made only before the manuscript has been accepted and only if approved by the journal Editor. To request such a change, the Editor must receive the following from the **corresponding author**: (a) the reason for the change in author list and (b) written confirmation (e-mail, letter) from all authors that they agree with the addition, removal or rearrangement. In the case of addition or removal of authors, this includes confirmation from the author being added or removed.
Only in exceptional circumstances will the Editor consider the addition, deletion or rearrangement of authors after the manuscript has been accepted. While the Editor considers the request, publication of the manuscript will be suspended. If the manuscript has already been published in an online issue, any requests approved by the Editor will result in a corrigendum.

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Registration in a public trials registry is a condition for publication of clinical trials in this journal in accordance with International Committee of Medical Journal Editors recommendations. Trials must register at or before the onset of patient enrolment. The clinical trial registration number should be included at the end of the abstract of the article. A clinical trial is defined as any research study that prospectively assigns human participants or groups of humans to one or more health-related interventions to evaluate the effects of health outcomes. Health-related interventions include any intervention used to modify a biomedical or health-related outcome (for example drugs, surgical procedures, devices, behavioural treatments, dietary interventions, and process-of-care changes). Health outcomes include any biomedical or health-related measures obtained in patients or participants, including pharmacokinetic measures and adverse events. Purely observational studies (those in which the assignment of the medical intervention is not at the discretion of the investigator) will not require registration.

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To avoid unnecessary errors you are strongly advised to use the 'spell-check' and 'grammar-check' functions of your word processor.

**Article structure**

*Introduction*

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

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**Graphical abstract**

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**Keywords**

Immediately after the abstract, provide a maximum of 6 keywords, using American spelling and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations; only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.
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