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DESCRIPTION

Clinical Nutrition, the official journal of ESPEN, The European Society for Clinical Nutrition and Metabolism, is an international journal providing essential scientific information on nutritional and metabolic care and the relationship between nutrition and disease both in the setting of basic science and clinical practice. Published bi-monthly, each issue combines original articles and reviews providing an invaluable reference for any specialist concerned with these fields.

Nutrition and nutritional care have gained wide clinical and scientific interest during the past decades. The increasing knowledge of metabolic disturbances and nutritional assessment in chronic and acute diseases has stimulated rapid advances in design, development and clinical application of nutritional support. The aims of ESPEN are to encourage the rapid diffusion of knowledge and its application in the field of Parenteral and Enteral Nutrition or, more broadly, Clinical Nutrition and Metabolism.

Being the journal of ESPEN with members from various interests, either focused on basic research or clinical disciplines, the journal reflects the scientific nature of this multidisciplinary background and encourages the coordination of investigation and research from these disciplines. The journal publishes guidelines, consensus statements, original articles, short communications, letters to the Editor and review papers on those factors in acute and chronic diseases, which have metabolic and nutritional implications. It also publishes scientific works related to the development of new techniques and their application in the field of clinical nutrition.

AUDIENCE

Investigators and clinicians (gastroenterologists, surgeons, intensivists, paediatricians, e.o.) in the field of clinical nutrition and metabolism, dieticians, nutritionists, pathologists, clinical biochemists.

IMPACT FACTOR

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To find out more, please visit the Preparation section below.

Clinical Nutrition, an official journal of ESPEN, The European Society for Clinical Nutrition and Metabolism, is an international journal providing scientific information on nutritional and metabolic care and the relationship between nutrition and disease both in the setting of basic science and clinical practice. Published bi-monthly, each issue combines original articles, reviews and other types of publications that will provide an invaluable reference for any specialist concerned with the field of interest.

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Being an journal of ESPEN with members having various interest fields, either focused on basic research or clinical disciplines, the journal reflects the scientific nature of this multidisciplinary background and encourages the coordination of investigation and research from these disciplines. The journal publishes guidelines, consensus statements, review papers, original articles, short communications, and letters to the editor on those factors in acute and chronic diseases, which have metabolic and nutritional implications. It also publishes scientific works related to the development of new techniques and their application in the field of clinical nutrition.

The Clinical Nutrition ESPEN Journal is an electronic-only official publication of the European Society for Clinical Nutrition and Metabolism (ESPEN). Published bimonthly, Clinical Nutrition ESPEN focuses on publishing articles on the relationship between nutrition and disease in the setting of basic science and clinical practice. Clinical Nutrition ESPEN is available to all members of ESPEN and to all subscribers of Clinical Nutrition. Should the Editor-in-Chief feel that a paper which has been submitted to Clinical Nutrition is more suitable for publication in Clinical Nutrition ESPEN, the author will be advised by the Editorial Office and will then have the choice whether to proceed with publishing their paper in Clinical Nutrition ESPEN or to withdraw their paper. Manuscript submission directly to Clinical Nutrition ESPEN should be clearly indicated in the covering letter.

Easy Submission Process

The Editorial Office has implemented an Easy Submission Process. We only ask you that with initial submission the manuscripts are double-spaced (including references, tables, and figure legends) and lines are numbered continuously, beginning in the title page and thus every line has a unique number (Microsoft WORD: /Page Layout>Line Numbers).

All required items below need to be completed in formatting prior to final acceptance of a manuscript. Please note - CLINICAL NUTRITION does not accept case-studies. We suggest to submit case studies to CLINICAL NUTRITION ESPEN. For further information on publication governance in Clinical Nutrition please read the following Editorial.

Full Length Articles. Should be organized in the following successive sections and manuscript preparation and format information above to be followed: Title Page, Abstract (Background & Aims - Methods - Results - Conclusions). Introduction, Materials and Methods (including statistical considerations and ethical statement), Results, Discussion, Acknowledgements, Statement of Authorship, Conflict of Interest Statement and Funding sources, References; Figure and Table Legends. The Introduction should be limited to 1.5 pages and the Discussion to 4 pages (1200 words).

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ESPEN Guidelines. Are submitted in collaboration with the Editorial Office (espenjournals@espen.org).

ESPEN Endorsed Recommendations. Are submitted in collaboration with the Editorial Office (espenjournals@espen.org).

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Educational Papers. Should be organized as Full Length articles and contain at least 2 Figures and 2 Tables to summarize the most important data and/or concepts.

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Randomized Controlled Trials. Should be organized as Full Length Articles. All Randomized controlled Trials submitted for publication in Clinical Nutrition should include a completed Consolidated Standards of Reporting Trials (CONSORT) 2010 checklist. Please refer to the CONSORT statement website at http://www.consort-statement.org for more information. The checklist can also be downloaded from here. You will be asked to upload this completed checklist at the time of submission and this file is mandatory for submission. Clinical Nutrition and Clinical Nutrition ESPEN have adopted the proposal from the International Committee of Medical Journal Editors (ICMJE) which require, as a condition of consideration for publication of clinical trials, registration in a public trials registry. Clinical trials are defined as "biomedical or health related studies in human beings that follow a defined protocol." In addition to intervention studies, this definition encompasses observational, prevention, quality of life, diagnostic, and screening trials (www.clinicaltrials.gov). Any clinical trial for which subject recruitment began after July 1, 2008 must be registered in one of the five ICMJE-approved public trials registries (i.e.,www.clinicaltrials.gov, www.isrctn.org, www.umin.ac.jp, www.trialregister.nl). Is this study appropriately registered? If so, please report the study ID number and the website where the clinical trial is registered on the title page of the paper. If the study is not registered, authors must do so before the submitted paper will be considered for peer-review. If the study began before July 1, 2008, the initial recruitment date should be reported in the appropriate place in the Materials Methods section. Clinical Nutrition and Clinical Nutrition ESPEN require prospective registration of all trials.

Report. Should be organized as Full Length Articles and are submitted by chairs of Special Interest Groups (SIG) or are submitted in collaboration with the Editorial Office.

Meta-analyses. Should be organized as Full Length Articles. All Meta-analyses submitted for publication in Clinical Nutrition and Clinical Nutrition ESPEN should also include a completed uploaded PRISMA Statement. We have adopted the definitions of systematic review and meta-analysis used by the Cochrane Collaboration. A systematic review is a review of a clearly formulated question that uses systematic and explicit methods to identify, select, and critically appraise relevant research, and to collect and analyze data from the studies that are included in the review. Statistical methods (meta-analysis) may or may not be used to analyze and summarize the results of the included studies. Meta-analysis refers to the use of statistical techniques in a systematic review to integrate the results of included studies. Downloadable forms are located at http://www.prisma-statement.org/.
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All authors should have made substantial contributions to all of the following: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising it critically for important intellectual content, (3) final approval of the version to be submitted.

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Registration in a public trials registry is a condition for publication of clinical trials in this journal in accordance with International Committee of Medical Journal Editors recommendations. Trials must register at or before the onset of patient enrolment. The clinical trial registration number should be included at the end of the abstract of the article. A clinical trial is defined as any research study that prospectively assigns human participants or groups of humans to one or more health-related interventions to evaluate the effects of health outcomes. Health-related interventions include any intervention used to modify a biomedical or health-related outcome (for example drugs, surgical procedures, devices, behavioural treatments, dietary interventions, and process-of-care changes). Health outcomes include any biomedical or health-related measures obtained in patients or participants, including pharmacokinetic measures and adverse events. Purely observational studies (those in which the assignment of the medical intervention is not at the discretion of the investigator) will not require registration.

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To avoid unnecessary errors you are strongly advised to use the 'spell-check' and 'grammar-check' functions of your word processor.

**Article structure**

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State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

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A concise and factual abstract is required and should be structured according to: Background & Aims - Methods - Results - Conclusions. The abstract should state briefly the purpose of the research, the principal results and major conclusions. An abstract is often presented separately from the article, so it must be able to stand alone. For this reason, References should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself.

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