



BODY IMAGE

An International Journal of Research

AUTHOR INFORMATION PACK

TABLE OF CONTENTS

●	Description	p.1
●	Impact Factor	p.2
●	Abstracting and Indexing	p.2
●	Editorial Board	p.2
●	Guide for Authors	p.4



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DESCRIPTION

Body Image is an international, peer-reviewed journal that publishes high-quality, scientific articles on **body image** and human **physical appearance**. Body image is a multi-faceted concept that refers to persons' perceptions and attitudes about their own body, particularly but not exclusively its appearance. The journal invites contributions from a broad range of disciplines - psychological science, other social and behavioral sciences, and medical and health sciences. The journal publishes original research articles, brief research reports, theoretical and review papers, and science-based practitioner reports of interest. The journal gives an annual award for the best doctoral dissertation in this field.

Suitable topics for [submission](#) of manuscripts include:

- The effects of body image and physical characteristics (e.g., body size, attractiveness, physical disfigurements or disorders) on **psychological functioning**, interpersonal processes, and quality of life;
- Body image and physical appearance in the full range of medical and allied health contexts;
- Body image and physical appearance in diverse cultural contexts;
- Validation of assessments of the multidimensional body image construct;
- Factors that influence positive and negative body image development;
- Adaptive and maladaptive body image processes and their clinically relevant consequences on **psychosocial** functioning and quality of life;
- Relationship of body image to **behavioral** variables (e.g., exercise and other physical activity, eating and weight-control behaviors, grooming and appearance-modifying behaviors, and social behaviors);
- Scientific evaluation of interventions to promote positive body image or to prevent or treat body image difficulties and disorders.

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