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It is a general and comprehensive journal of psychiatry for psychiatrists, mental health clinicians, neurologists, physicians, students of mental health and those involved in mental health policy development.

The journal aims to bridge a knowledge gap of the application and transfer of research findings and clinical practice through Asia to and from the rest of the world. It aims to focus on psychiatric research pertinent to Asia produced either within or from outside the continent. This may include preclinical, clinical, service system and policy development research relevant to psychiatry and will highlight the socio-cultural diversity of the region as it pertains to mental health.

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