DESCRIPTION

The Asia-Pacific Journal of Sports Medicine, Arthroscopy, Rehabilitation and Technology (AP-SMART) is the official peer-reviewed, open access journal of the Asia-Pacific Knee, Arthroscopy and Sports Medicine Society (APKASS) and the Japanese Orthopaedic Society of Knee, Arthroscopy and Sports Medicine (JOSKAS). It is published quarterly, in January, April, July and October, by Elsevier.

The mission of AP-SMART is to inspire clinicians, practitioners, scientists and engineers to work towards a common goal to improve quality of life in the international community. The Journal publishes original research, reviews, editorials, perspectives, and letters to the Editor.

Multidisciplinary research with collaboration amongst clinicians and scientists from different disciplines will be the trend in the coming decades. AP-SMART provides a platform for the exchange of new clinical and scientific information in the most precise and expeditious way to achieve timely dissemination of information and cross-fertilization of ideas.

The information presented aims to provide a scientific yet practical approach to these five areas: Sports medicine—itself a field with cross-disciplinary dimensions, including sports traumatology, cardiology, endocrinology, accident and emergency medicine, physiology, biochemistry and biomechanics. Whilst each of these fields serves a specific domain, they all contribute importantly to the overall care of athletes. Arthroscopy—recent advances in skills and technology have driven arthroscopy to the forefront of surgical development in minimally invasive interventions for sports traumatology. Rehabilitation—an integral part of the overall management of sports trauma, comprising a comprehensive program of treatment with allied health professionals, performance optimization, preventive measures and outcome evaluation Sports technology—of vital importance to biomechanical and biological research in arthroplasty and sports medicine, allowing new ideas to be tested, developed and applied in the field. We aim to establish strong links between engineers, scientists, biomechanists and administrators involved with sports and sports technology. Reconstructive surgery of the knee, shoulder and ankle—including osteotomy, total joint replacement, minimally invasive and computer-assisted surgery. The Journal’s section on upper limb is devoted to the advancement of the science and management of upper limb disorders, with particular relevance to sport-related conditions.

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INTRODUCTION
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In general, the abstract should provide the context or background for the research and should state its purpose, basic procedures (selection of study participants, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations. An abstract is often presented separately from the article, so it must be able to stand alone. For this reason, References should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself.

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Immediately after the abstract, provide a maximum of 6 keywords in alphabetical order, using British spelling and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). If possible, keywords should be selected from the Medical Subject Headings (MeSH) list of Index Medicus [http://www.nlm.nih.gov/mesh/meshhome.html](http://www.nlm.nih.gov/mesh/meshhome.html). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

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