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The journal publishes comprehensive reviews; research articles; information on clinical trials; short reports; in-depth perspectives/open-peer commentaries; theoretical and/or translational papers that attempt integrate knowledge across discipline; history & politics of science/brief biographies; abstracts of papers presented at international meetings; and negative results, particularly clinical trials, as short communications.

The ultimate objective is to create a novel forum for: rapid communication of new findings, ideas or perspectives; disseminating knowledge, across the spectrum of basic to clinical studies, necessary for optimal translation of research findings into practical applications/interventions; integrating knowledge across disciplines; increase knowledge in diverse disciplines to promote early detection/diagnosis and/or interventions; formulating new theories and/or strategies for the rigorous testing of theories or their predictions; identifying promising new directions of research; providing the scientific impetus for new initiatives; and public policies concerning research on prevention and new models of health services.

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