DESCRIPTION

Advances in Medical Sciences is an international, peer-reviewed journal that welcomes original research articles and reviews on current advances in life sciences, preclinical and clinical medicine, and related disciplines.

The Journal’s primary aim is to make every effort to contribute to progress in medical sciences. The strive is to bridge laboratory and clinical settings with cutting edge research findings and new developments.

Advances in Medical Sciences publishes articles which bring novel insights into diagnostic and molecular imaging, offering essential prior knowledge for diagnosis and treatment indispensable in all areas of medical sciences. It also publishes articles on pathological sciences giving foundation knowledge on the overall study of human diseases. Through its publications Advances in Medical Sciences also stresses the importance of pharmaceutical sciences as a rapidly and ever expanding area of research on drug design, development, action and evaluation contributing significantly to a variety of scientific disciplines.

The journal welcomes submissions from the following disciplines: General and internal medicine, Cancer research, Genetics, Endocrinology, Gastroenterology, Cardiology and Cardiovascular Medicine, Immunology and Allergy, Pathology and Forensic Medicine, Cell and molecular Biology, Haematology, Biochemistry, Clinical and Experimental Pathology.

Only review articles from experts in the field will be considered for publication. The journal does not accept case reports.

Please see our Guide for Authors for information on article submission.

Benefits to authors

We also provide many author benefits, such as free PDFs, special discounts on Elsevier publications and much more. Please click here for more information on our author services.

Advances in Medical Sciences, founded in 1955, is the official journal of the Medical University of Bialystok, Poland.
IMPACT FACTOR

2016: 1.364 © Thomson Reuters Journal Citation Reports 2017

EDITORIAL BOARD

Editor-in-Chief
Jacek Nikliński, Dept. of Clinical Molecular Biology, Fac. of Medicine, Medical University of Bialystok, Marii Skłodowskiej-Curie 24a, 15-276, Bialystok, Poland

Managing Editors
Małgorzata Laudanska, Medical University of Bialystok, Bialystok, Poland
Łukasz Minarowski, Medical University of Bialystok, Bialystok, Poland
Wioletta J. Omei Janiuk, Medical University of Bialystok, Bialystok, Poland
Urszula Polakowska-Mierzejewska, Medical University of Bialystok, Bialystok, Poland

Deputy Editor
Jan Długosz, Medical University of Bialystok, Bialystok, Poland

International Editors
Richard McCallum, Texas Tech University Health Sciences Center, El Paso, Texas, USA
Jean Morisset, Université de Sherbrooke, Sherbrooke, Quebec, Canada

Sections Editors
Diagnostic Imaging
Jarosław Krejza, University of Maryland Medical Center, Baltimore, Maryland, USA

Molecular Imaging
Jerry D Glickson, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania, USA

Pharmaceutical Sciences
Elżbieta Skrzyczewska, Medical University of Bialystok, Bialystok, Poland

Pathological Sciences
Lech Chyczewski, Medical University of Bialystok, Bialysto, Poland

Editorial Advisory Board
Heike Allgayer, Ruprecht-Karls-Universität Heidelberg, Mannheim, Germany
Satish Batra, Skåne University Hospital, Lund, Sweden
Tomasz Brzozowski, Collegium Medicum Jagiellonian University, Cracow, Poland
Tomasz Burzykowski, Universiteit Hasselt, Diepenbeek, Belgium
Federico Cappuzzo, Ospedale Civile Livorno, Livorno, Italy
Mieczysław Chorąży, Maria Skłodowska-Curie Memorial Institute, Gliwice, Poland
Giovanni de Gaetano, IRCCS Istituto Neurologico Mediterraneo Neuromed, Pozzilli, Italy
Petr Dite, University of Ostrava, Ostrava, Czech Republic
Maria Benedetta Donati, IRCCS Istituto Neurologico Mediterraneo Neuromed, Pozzilli, Italy
Andrzej Dąbrowski, Medical University of Bialystok, Bialystok, Poland
Wilfried Eberhardt, Universität Duisburg-Essen, Essen, Germany
Angelika Eggert, Charité - Universitätsmedizin Berlin, Berlin, Germany
Jürgen R Fischer, Klinik Löwenstein, Löwenstein, Germany
Andrea Riccardo Genazzani, Università di Pisa, Pisa, Italy
Jan Górski, Medical University of Bialystok, Białystok, Poland
Barbara Jarząb, Maria Skłodowska-Curie Memorial Cancer Centre and Institute of Oncology, Gliwice, Poland
Ewa Jassem, Medical University of Gdańsk, Gdansk, Poland
Jacek Jassem, Medical University of Gdańsk, Gdansk, Poland
Maciej Kaczmarski, Medical University of Bialystok, Bialystok, Poland
Marcin Kamiński, Medical University of Silesia, Katowice, Poland
Marek Kowalski, Medical University of Łódź, Łódź, Poland
Adam KĘTOWSKI, Medical University of Białystok, Białystok, Poland
Zita Kucinskiene, Vilnius University, Vilnius, Lithuania
Tadeusz Laudański, Medical University of Bialystok, Bialystok, Poland
Juergen Lautermann, Krankenhaus Martha-Maria Halle-Dolau, Halle, Germany
Maria A. Leo-Lieber, James J. Peters VA Medical Center, Bronx, New York, USA
Andrzej Łukaszyk, Poznan University of Medical Sciences, Poznan, Poland
Barbara Malinowska, Medical University of Bialystok, Bialystok, Poland
Christian Manegold, Ruprecht-Karls-Universität Heidelberg, Mannheim, Germany
Li Mao, University of Maryland School of Dentistry, Baltimore, Maryland, USA
Elias R. Melhem, University of Maryland Medical Center, Baltimore, Maryland, USA
Paweł Murawa, The Greater Poland Cancer Centre, Poznan, Poland
Marek Naruszewicz, Medical University of Warsaw, Warsaw, Poland
Karl Oldhafer, Asklepios Klinik Barmbek, Hamburg, Germany
Tadeusz Orlowski, Institute of Tuberculosis and Lung Diseases, Warsaw, Poland
Zbigniew Puchalski, Medical University of Bialystok, Bialystok, Poland
Russel J. Reiter, University of Texas Health Sciences Center at San Antonio, San Antonio, Texas, USA
Axel Rolle, Fachkranchenhaus Coswig GmbH, Coswig, Germany
Katia Scotlandi, Rizzoli Orthopedic Institute, Bologna, Italy
Ilmari Pentti Sipponen, Helsinki University Central Hospital, Helsinki, Finland
Jan Skowroński, Medical University of Bialystok, Bialystok, Poland
Marian Szamatowicz, Medical University of Bialystok, Bialystok, Poland
Miquel Taron, Amadix, Valladolid, Spain
Ronald Terjung, University of Missouri, Columbia, Montana, USA
Ulrich Treichel, Westmecklenburg Klinikum Helene von Bülow, Hagenow, Germany
Nico van Zandwijk, The University of Sydney, Sydney, New South Wales, Australia
Grzegorz Waliner, Medical University of Lublin, Lublin, Poland
Maciej Zabel, Wroclaw Medical University, Wroclaw, Poland
Victor V. Zinchuk, Grodno State Medical University, Grodno, Belarus
Jan Żeromski, Poznan University of Medical Sciences, Poznan, Poland
GUIDE FOR AUTHORS

INTRODUCTION

Criteria for manuscripts
Advances in Medical Sciences is a peer-reviewed, international, scientific journal that publishes full-length articles on medical sciences. The journal welcomes submissions of articles on current advances in life sciences, preclinical and clinical medicine and related disciplines. Journal accepts original research articles and considers current review articles. Only review articles from experts in the field will be considered for publication.

BEFORE YOU BEGIN

Ethics in publishing
Please see our information pages on Ethics in publishing and Ethical guidelines for journal publication.

Human and animal rights
If the work involves the use of human subjects, the author should ensure that the work described has been carried out in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving humans; Uniform Requirements for manuscripts submitted to Biomedical journals. Authors should include a statement in the manuscript that informed consent was obtained for experimentation with human subjects. The privacy rights of human subjects must always be observed.

All animal experiments should comply with the ARRIVE guidelines and should be carried out in accordance with the U.K. Animals (Scientific Procedures) Act, 1986 and associated guidelines, EU Directive 2010/63/EU for animal experiments, or the National Institutes of Health guide for the care and use of Laboratory animals (NIH Publications No. 8023, revised 1978) and the authors should clearly indicate in the manuscript that such guidelines have been followed.

Declaration of interest
All authors must disclose any financial and personal relationships with other people or organizations that could inappropriately influence (bias) their work. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding. If there are no conflicts of interest then please state this: 'Conflicts of interest: none'. More information.

Submission declaration and verification
Submission of an article implies that the work described has not been published previously (except in the form of an abstract or as part of a published lecture or academic thesis or as an electronic preprint, see 'Multiple, redundant or concurrent publication' section of our ethics policy for more information), that it is not under consideration for publication elsewhere, that its publication is approved by all authors and tacitly or explicitly by the responsible authorities where the work was carried out, and that, if accepted, it will not be published elsewhere in the same form, in English or in any other language, including electronically without the written consent of the copyright-holder. To verify originality, your article may be checked by the originality detection service CrossCheck.

Contributors
Each author is required to declare his or her individual contribution to the article: all authors must have materially participated in the research and/or article preparation, so roles for all authors should be described. The statement that all authors have approved the final article should be true and included in the disclosure.

Changes to authorship
Authors are expected to consider carefully the list and order of authors before submitting their manuscript and provide the definitive list of authors at the time of the original submission. Any addition, deletion or rearrangement of author names in the authorship list should be made only before the manuscript has been accepted and only if approved by the journal Editor. To request such a change, the Editor must receive the following from the corresponding author: (a) the reason for the change in author list and (b) written confirmation (e-mail, letter) from all authors that they agree with the addition, removal or rearrangement. In the case of addition or removal of authors, this includes confirmation from the author being added or removed.
Only in exceptional circumstances will the Editor consider the addition, deletion or rearrangement of authors after the manuscript has been accepted. While the Editor considers the request, publication of the manuscript will be suspended. If the manuscript has already been published in an online issue, any requests approved by the Editor will result in a corrigendum.

**Copyright**

Upon acceptance of an article, authors will be asked to complete a 'Journal Publishing Agreement' (see [more information on this](#)). An e-mail will be sent to the corresponding author confirming receipt of the manuscript together with a 'Journal Publishing Agreement' form or a link to the online version of this agreement.

Subscribers may reproduce tables of contents or prepare lists of articles including abstracts for internal circulation within their institutions. Permission of the Publisher is required for resale or distribution outside the institution and for all other derivative works, including compilations and translations. If excerpts from other copyrighted works are included, the author(s) must obtain written permission from the copyright owners and credit the source(s) in the article. Elsevier has [preprinted forms](#) for use by authors in these cases.

For open access articles: Upon acceptance of an article, authors will be asked to complete an 'Exclusive License Agreement' ([more information](#)). Permitted third party reuse of open access articles is determined by the author's choice of [user license](#).

**Author rights**

As an author you (or your employer or institution) have certain rights to reuse your work. [More information](#).

[Elsevier supports responsible sharing](#) Find out how you can [share your research](#) published in Elsevier journals.

**Role of the funding source**

You are requested to identify who provided financial support for the conduct of the research and/or preparation of the article and to briefly describe the role of the sponsor(s), if any, in study design; in the collection, analysis and interpretation of data; in the writing of the report; and in the decision to submit the article for publication. If the funding source(s) had no such involvement then this should be stated.

**Funding body agreements and policies**

Elsevier has established a number of agreements with funding bodies which allow authors to comply with their funder's open access policies. Some funding bodies will reimburse the author for the Open Access Publication Fee. Details of [existing agreements](#) are available online.

**Green open access**

Authors can share their research in a variety of different ways and Elsevier has a number of green open access options available. We recommend authors see our [green open access page](#) for further information. Authors can also self-archive their manuscripts immediately and enable public access from their institution's repository after an embargo period. This is the version that has been accepted for publication and which typically includes author-incorporated changes suggested during submission, peer review and in editor-author communications. Embargo period: For subscription articles, an appropriate amount of time is needed for journals to deliver value to subscribing customers before an article becomes freely available to the public. This is the embargo period and it begins from the date the article is formally published online in its final and fully citable form. [Find out more](#). This journal has an embargo period of 12 months.

**Language (usage and editing services)**

Please write your text in good English (American or British usage is accepted, but not a mixture of these). Authors who feel their English language manuscript may require editing to eliminate possible grammatical or spelling errors and to conform to correct scientific English may wish to use the [English Language Editing service](#) available from Elsevier's WebShop.
Submission
Our online submission system guides you stepwise through the process of entering your article details and uploading your files. The system converts your article files to a single PDF file used in the peer-review process. Editable files (e.g., Word, LaTeX) are required to typeset your article for final publication. All correspondence, including notification of the Editor's decision and requests for revision, is sent by e-mail.

Submit your article
Please submit your article via http://ees.elsevier.com/advms.

Referees
Please submit the names and institutional e-mail addresses of several potential referees. For more details, visit our Support site. Note that the editor retains the sole right to decide whether or not the suggested reviewers are used.

Review process
Manuscripts are evaluated on the basis that they present new insights to the investigated topic, are likely to contribute to a research progress. It is understood that all authors listed on a manuscript have agreed to its submission. The signature of the corresponding author on the letter of submission signifies that these conditions have been fulfilled. Received manuscripts are first examined by the Editors of Advances in Medical Sciences. Manuscripts with insufficient priority for publication are rejected promptly. Incomplete packages or manuscripts not prepared in the advised style will be sent back to authors without scientific review. The authors are notified with the reference number upon manuscript registration at the Editorial Office. The registered manuscripts are sent to independent experts for scientific evaluation. We encourage authors to suggest the names of possible reviewers, but we reserve the right of final selection. Submitted papers are accepted for publication after a positive opinion of the independent reviewers.

Permissions
Materials taken from other sources must be accompanied by a written statement from both author and publisher giving permission to Advances in Medical Sciences for reproduction. Obtain permission in writing from at least one author of papers still in press, unpublished data, and personal communications.

Disclaimer
Every effort is made by the Editor-in-Chief and the Editorial Board of Advances in Medical Sciences to see that no inaccurate or misleading data, opinion or statement appear in Advances in Medical Sciences. However, they wish to make it clear that the data and opinions appearing in the articles and advertisements herein are the responsibility of the contributor, sponsor or advertiser concerned. Accordingly, the Editor-in-Chief and the Editorial Board accept no liability whatsoever for the consequences of any such inaccurate of misleading data, opinion or statement. Every effort is made to ensure that drug doses and other quantities are presented accurately. Nevertheless, readers are advised that methods and techniques involving drug usage and other treatments described in Advances in Medical Sciences, should only be followed in conjunction with the drug or treatment manufacturer's own published literature in the readers own country.

PREPARATION
Peer review
This journal operates a double blind review process. All contributions will be initially assessed by the editor for suitability for the journal. Papers deemed suitable are then typically sent to a minimum of two independent expert reviewers to assess the scientific quality of the paper. The Editor is responsible for the final decision regarding acceptance or rejection of articles. The Editor's decision is final. More information on types of peer review.

Use of word processing software
It is important that the file be saved in the native format of the word processor used. The text should be in single-column format. Keep the layout of the text as simple as possible. Most formatting codes will be removed and replaced on processing the article. In particular, do not use the word processor's options to justify text or to hyphenate words. However, do use bold face, italics, subscripts, superscripts etc. When preparing tables, if you are using a table grid, use only one grid for each individual table and not a grid for each row. If no grid is used, use tabs, not spaces, to align columns. The electronic text should be prepared in a way very similar to that of conventional manuscripts (see
also the Guide to Publishing with Elsevier). Note that source files of figures, tables and text graphics will be required whether or not you embed your figures in the text. See also the section on Electronic artwork.

To avoid unnecessary errors you are strongly advised to use the 'spell-check' and 'grammar-check' functions of your word processor.

**Article structure**

**Subdivision - numbered sections**

Divide your article into clearly defined and numbered sections. Subsections should be numbered 1.1 (then 1.1.1, 1.1.2, ...), 1.2, etc. (the abstract is not included in section numbering). Use this numbering also for internal cross-referencing: do not just refer to 'the text'. Any subsection may be given a brief heading. Each heading should appear on its own separate line.

**Introduction**

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

**Material and methods**

Provide sufficient detail to allow the work to be reproduced. Methods already published should be indicated by a reference: only relevant modifications should be described.

**Results**

Results should be clear and concise.

**Discussion**

This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

**Conclusions**

Summarize the work’s findings, state their importance, and possibly recommend further research.

**Essential title page information**

- **Title.** Concise and informative. Titles are often used in information-retrieval systems. Avoid abbreviations and formulae where possible.
- **Author names and affiliations.** Where the family name may be ambiguous (e.g., a double name), please indicate this clearly. Present the authors' affiliation addresses (where the actual work was done) below the names. Indicate all affiliations with a lower-case superscript letter immediately after the author’s name and in front of the appropriate address. For each affiliation provide the details in the following order: department, institution, city, country. If available, the e-mail address of each author should also be provided.
- **Corresponding author.** Clearly indicate who will handle correspondence at all stages of refereeing and publication, also post-publication. Ensure that phone numbers (with country and area code) are provided in addition to the e-mail address and the complete postal address. Contact details must be kept up to date by the corresponding author.
- **The Author Contribution.** The author contribution should be added as a part of the Title page.
- **Present/permanent address.** If an author has moved since the work described in the article was done, or was visiting at the time, a 'Present address' (or 'Permanent address') may be indicated as a footnote to that author’s name. The address at which the author actually did the work must be retained as the main, affiliation address. Superscript Arabic numerals are used for such footnotes.
- **Conflict of interests and Financial disclosure.** Under separate titles provide adequate information as explained in BEFORE YOU BEGIN > Conflict of interest.

**Acknowledgements**

Collate acknowledgements in a separate section and include it on the title page only. List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.).

**Abstract**

A concise and factual abstract is required (max. 250 words). The abstract should be divided into 4 sections where the authors state briefly the (1) **Purpose** of the research, the (2) **Materials/methods** used in the research, the principal (3) **Results** and major (4) **Conclusions**. An abstract is often presented separately from the article, so it must be able to stand alone. For this reason,
References should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself. The abstract should be included in the Blinded Manuscript.

**Keywords**
Immediately after the abstract, provide a maximum of 5 keywords, using American or British spelling and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

**Abbreviations**
Abbreviations that are unavoidable must be defined twice: (1) at their first mention in the Abstract and (2) at their first mention in the remaining part of the article. Ensure consistency of abbreviations throughout the article.

**Units**
Follow internationally accepted rules and conventions: use the international system of units (SI). If other units are mentioned, please give their equivalent in SI.

**Footnotes**
Footnotes should be used sparingly. Number them consecutively throughout the article. Many word processors can build footnotes into the text, and this feature may be used. Otherwise, please indicate the position of footnotes in the text and list the footnotes themselves separately at the end of the article. Do not include footnotes in the Reference list.

**Artwork**

*Electronic artwork*

**General points**
- Make sure you use uniform lettering and sizing of your original artwork.
- Embed the used fonts if the application provides that option.
- Aim to use the following fonts in your illustrations: Arial, Courier, Times New Roman, Symbol, or use fonts that look similar.
- Number the illustrations according to their sequence in the text.
- Use a logical naming convention for your artwork files.
- Provide captions to illustrations separately.
- Size the illustrations close to the desired dimensions of the published version.
- Submit each illustration as a separate file.

A detailed [guide on electronic artwork](#) is available.

**You are urged to visit this site; some excerpts from the detailed information are given here.**

**Formats**
If your electronic artwork is created in a Microsoft Office application (Word, PowerPoint, Excel) then please supply 'as is' in the native document format. Regardless of the application used other than Microsoft Office, when your electronic artwork is finalized, please 'Save as' or convert the images to one of the following formats (note the resolution requirements for line drawings, halftones, and line/halftone combinations given below):

- **EPS (or PDF):** Vector drawings, embed all used fonts.
- **TIFF (or JPEG):** Color or grayscale photographs (halftones), keep to a minimum of 300 dpi.
- **TIFF (or JPEG):** Bitmapped (pure black & white pixels) line drawings, keep to a minimum of 1000 dpi.
- **TIFF (or JPEG):** Combinations bitmapped line/half-tone (color or grayscale), keep to a minimum of 500 dpi.

**Please do not:**
- Supply files that are optimized for screen use (e.g., GIF, BMP, PICT, WPG); these typically have a low number of pixels and limited set of colors;
- Supply files that are too low in resolution;
- Submit graphics that are disproportionately large for the content.

**Color artwork**
Please make sure that artwork files are in an acceptable format (TIFF (or JPEG), EPS (or PDF), or MS Office files) and with the correct resolution.
Figure captions
Ensure that each illustration has a caption. Supply captions separately, not attached to the figure. A caption should comprise a brief title (not on the figure itself) and a description of the illustration. Keep text in the illustrations themselves to a minimum but explain all symbols and abbreviations used.

Tables
Please submit tables as editable text and not as images. Tables can be placed either next to the relevant text in the article, or on separate page(s) at the end. Number tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Be sparing in the use of tables and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical rules and shading in table cells.

References
Citation in text
Please ensure that every reference cited in the text is also present in the reference list (and vice versa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication.

Reference links
Increased discoverability of research and high quality peer review are ensured by online links to the sources cited. In order to allow us to create links to abstracting and indexing services, such as Scopus, CrossRef and PubMed, please ensure that data provided in the references are correct. Please note that incorrect surnames, journal/book titles, publication year and pagination may prevent link creation. When copying references, please be careful as they may already contain errors. Use of the DOI is encouraged.

A DOI can be used to cite and link to electronic articles where an article is in-press and full citation details are not yet known, but the article is available online. A DOI is guaranteed never to change, so you can use it as a permanent link to any electronic article. An example of a citation using DOI for an article not yet in an issue is: VanDecar J.C., Russo R.M., James D.E., Ambeh W.B., Franke M. (2003). Aseismic continuation of the Lesser Antilles slab beneath northeastern Venezuela. Journal of Geophysical Research, https://doi.org/10.1029/2001JB000884. Please note the format of such citations should be in the same style as all other references in the paper.

Web References
As a minimum, the full URL should be given and the date when the reference was last accessed. Any further information, if known (DOI, author names, dates, reference to a source publication, etc.), should also be given.

Data references
This journal encourages you to cite underlying or relevant datasets in your manuscript by citing them in your text and including a data reference in your Reference List. Data references should include the following elements: author name(s), dataset title, data repository, version (where available), year, and global persistent identifier. Add [dataset] immediately before the reference so we can properly identify it as a data reference. The [dataset] identifier will not appear in your published article.

Reference management software
Most Elsevier journals have their reference template available in many of the most popular reference management software products. These include all products that support Citation Style Language styles, such as Mendeley and Zotero, as well as EndNote. Using the word processor plug-ins from these products, authors only need to select the appropriate journal template when preparing their article, after which citations and bibliographies will be automatically formatted in the journal's style. If no template is yet available for this journal, please follow the format of the sample references and citations as shown in this Guide.

Other software that can be used for reference management: RefWorks (http://www.refworks.com), BibTeX (http://www.bibtex.org), ProCite (http://www.procite.com).

Users of Mendeley Desktop can easily install the reference style for this journal by clicking the following link:
When preparing your manuscript, you will then be able to select this style using the Mendeley plugins for Microsoft Word or LibreOffice.

**Reference style**
The references should be based on the readily available texts published in the latest and major journals mainly written in English. Number the references (numbers in square brackets) in the list in the order in which they appear in the text. *Advances in Medical Sciences* requires the **Vancouver style** of referencing with numbers in the text.

Model of reference to a journal publication:
- Last name, initial, full paper title, journal full name, year, volume (number) first and last page.
- If there are more than 6 authors the first 6 should be listed followed by "et al."

**Examples:**
- Reference to a journal publication:
- Reference to a book:
- Reference to a chapter in an edited book:
- Reference to a conference (only abstracts 2-page long may serve as references):
- Reference to a dataset:

**Supplementary material**
Supplementary material such as applications, images and sound clips, can be published with your article to enhance it. Submitted supplementary items are published exactly as they are received (Excel or PowerPoint files will appear as such online). Please submit your material together with the article and supply a concise, descriptive caption for each supplementary file. If you wish to make changes to supplementary material during any stage of the process, please make sure to provide an updated file. Do not annotate any corrections on a previous version. Please switch off the 'Track Changes' option in Microsoft Office files as these will appear in the published version.

**Submission checklist**
The following list will be useful during the final checking of an article prior to sending it to the journal for review. Please consult this Guide for Authors for further details of any item.

**Ensure that the following items are present:**
The Author Contribution, should be added as a part of the Title page.
One author has been designated as the corresponding author with contact details:
- E-mail address
- Full postal address
- Phone numbers
All necessary files have been uploaded, and contain:
- Keywords
- All figure captions
- All tables (including title, description, footnotes)
The Author Contribution, should be added as a part of the Title page
Further considerations:
- Manuscript has been 'spell-checked' and 'grammar-checked'
- The Author Contribution, should be added as a part of the Title page.
- References are in the correct format for this journal
- All references mentioned in the Reference list are cited in the text, and vice versa
- Permission has been obtained for use of copyrighted material from other sources (including the Web)
For any further information please visit our customer support site at http://support.elsevier.com.
Online proof correction
Corresponding authors will receive an e-mail with a link to our online proofing system, allowing annotation and correction of proofs online. The environment is similar to MS Word: in addition to editing text, you can also comment on figures/tables and answer questions from the Copy Editor. Web-based proofing provides a faster and less error-prone process by allowing you to directly type your corrections, eliminating the potential introduction of errors.

If preferred, you can still choose to annotate and upload your edits on the PDF version. All instructions for proofing will be given in the e-mail we send to authors, including alternative methods to the online version and PDF.

We will do everything possible to get your article published quickly and accurately. Please use this proof only for checking the typesetting, editing, completeness and correctness of the text, tables and figures. Significant changes to the article as accepted for publication will only be considered at this stage with permission from the Editor. It is important to ensure that all corrections are sent back to us in one communication. Please check carefully before replying, as inclusion of any subsequent corrections cannot be guaranteed. Proofreading is solely your responsibility.

Offprints
The corresponding author will, at no cost, receive a customized Share Link providing 50 days free access to the final published version of the article on ScienceDirect. The Share Link can be used for sharing the article via any communication channel, including email and social media. For an extra charge, paper offprints can be ordered via the offprint order form which is sent once the article is accepted for publication. Both corresponding and co-authors may order offprints at any time via Elsevier’s Webshop. Corresponding authors who have published their article open access do not receive a Share Link as their final published version of the article is available open access on ScienceDirect and can be shared through the article DOI link.

AUTHOR INQUIRIES
Visit the Elsevier Support Center to find the answers you need. Here you will find everything from Frequently Asked Questions to ways to get in touch.

You can also check the status of your submitted article or find out when your accepted article will be published.

© Copyright 2014 Elsevier | http://www.elsevier.com