EXPLORE: The Journal of Science and Healing

Executive Editor: Larry Dossey, MD
Editor-in-Chief: David Riley, MD

EXPLORE: The Journal of Science and Healing provides rapid publication of articles presenting important, original ideas and information on the healing arts, consciousness, spirituality, eco-environmental issues, and basic science as all these fields relate to health. EXPLORE is an interdisciplinary scientific journal and will consider the following topics as well as others that would fulfill the editorial mission:

- Acupuncture/Acupressure
- Ayurveda
- Biofeedback
- Botanical or Herbal Medicine
- Chiropractic
- Consciousness
- Creative Therapies
- Diet/Nutrition/Nutritional Supplements
- Environmental Medicine
- Holistic Medicine/Nursing
- Homeopathy
- Indigenous Medical Practices
- Manual Therapies
- Mind–Body Therapies
- Naturopathy
- Osteopathic Medicine
- Qigong/Tai Chi
- Touch Therapies
- Spiritual/Transpersonal Healing/Prayer
- Tibetan Medicine
- Traditional Chinese Medicine
- Yoga

The Journal also welcomes new perspectives on the integration of complementary and alternative therapies with conventional medical and health practices in preventing and treating disease, healing illness, and promoting health. EXPLORE accepts several different types of articles, including:

- Original Research
- Brief Reports
- Review Articles/Systematic Reviews/Meta-analyses
- Hypotheses
- Case Reports
- Research Letters
- Letters to the Editor

EXPLORE: The Journal of Science and Healing is edited by renowned experts in complementary and alternative medicine, Dr. Larry Dossey and Dr. David Riley. They are dedicated to the quality and success of the Journal and welcome your contributions as an author.

Use the enclosed order card to reserve a risk-free trial issue or call toll-free 1–800–654–2452 in the U.S. and Canada.
The editors of EXPLORE: The Journal of Science and Healing invite authors to submit original papers for consideration. Papers most likely to be published are those that present important new ideas and information on the healing arts, consciousness, spirituality, eco-environmental issues, and basic science as all these fields relate to health. We also particularly encourage new perspectives on the integration of complementary and alternative therapies with conventional medical and health practices in preventing and treating disease, healing illness, and promoting health. We do not use material that has been published elsewhere, either in print or electronically, except as noted in Permissions, later in this document.

EXPLORE is an Elsevier journal and uses an online, electronic submission system. Submissions should be emailed to ExploreJournal@cox.net. Only electronic versions are accepted. For this purpose original source files, not PDF files, are required. The author should specify a category designation for the manuscript (original research, review article, brief report, hypothesis, case report, research letter, letter to the editor). Authors may send queries concerning the submission process, manuscript status, or journal procedures to ExploreJournal@cox.net. All correspondence, including the Editor’s decision and request for revisions, will be by e-mail.

Our readers are physicians, nurses, scientists, and other healthcare providers as well as the interested general public. In submitting a manuscript to EXPLORE, please consider this audience.

**MANUSCRIPT CATEGORIES**

Original Research — Manuscripts usually contain between 2500 and 4000 words and are accepted for consideration with the understanding that they have not been published or submitted elsewhere. They are subject to blinded peer review; that is, authors and reviewers are not identified by name during the review process. Original research includes randomized, controlled trials; outcome studies; intervention studies; cost-effectiveness analyses; case-control series; qualitative studies; and surveys with high response rates. Each manuscript should begin with an abstract that includes a hypothesis or objective, study methods, the interventions being evaluated, the main outcome measures, and the main results. The body of the manuscript should cover this material in greater detail and include a discussion section as well as references. The CONSORT author guidelines (www.consortstatements.org) checklist must be submitted with each manuscript that is a randomized controlled trial. For qualitative studies, the abstract should include research question, theoretical framework, methods, context, sample, data collection, analysis and interpretation, and main results.

Brief Reports — These articles—usually pilot studies, brief evaluations, and reviews—must be unique, first-time reports with a typical length of 1500 to 2500 words (approximately 9 typed, double-spaced pages) with no more than 3 tables and/or figures and 15 references. Brief Reports are subject to blinded peer-review in the same manner as original research manuscripts. Authors should follow all requirements for longer manuscripts when submitting Brief Reports, including the understanding that they have not been published or submitted elsewhere.

Review articles/Systematic reviews/Meta-analyses — Systematic assessments of medical and health care literature and data sources (including meta-analyses) pertaining to clinical topics as well as overviews of complementary and alternative therapeutic systems will be considered. All articles and data sources reviewed should include information about the specific type of intervention or study. Articles used in a review should be selected systematically and evaluated by a process discussed in the manuscript. Manuscripts usually contain between 3000 and 7000 words and are accepted for consideration with the understanding that they have not been published or submitted elsewhere. Review articles undergo the peer review process.

Hypotheses — Critical assessments of alternative therapies discussing potential mechanisms of action and implications for the practice of medicine and the integration of complementary and alternative therapies into the healthcare delivery system are encouraged. New perspectives on the relevance of eco-environmental and spiritual issues to health are also appropriate for this format. Manuscripts usually contain between 2000 and 4000 words and are accepted for consideration with the understanding that they have not been published or submitted elsewhere. Hypotheses papers are reviewed by the editorial team and are not necessarily subject to peer review.

Case Reports — This is a regularly featured column meant to highlight the clinical applications of alternative or integrative therapies as they are implemented in patient care. Preference will be given to cases in which diagnosis, treatment, and outcomes are clearly defined. Length of Case Reports vary; you may discuss this with one of our editors. Case reports are reviewed by the editorial team and are not necessarily subject to peer review.

Research Letters — Letters discussing small pilot studies, anecdotal clinical outcomes or informal case series, most commonly practice based, are welcome. Research letters may be, but are not required to be, related to articles published in EXPLORE. They should not exceed 750 words of text and 10 references.

Letters to the Editor — Letters discussing a recent article are welcome. Letters should be received within 6 weeks of the article’s publication. They should not exceed 750 words of text and 10 references.

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