Sample 1: Pearls and Pitfalls from Technique Article in bulleted list format

**PEARLS**
- Confirm reduction prior to plate application
- Maintain a minimum of four cortices above and below, six if possible
- Center plate prior to screw application and confirm position with fluoroscopy

**PITFALLS**
- Use tissue protector to prevent injury to surrounding soft tissue and neurovascular bundles
- Attempts at repositioning drill holes or screws are difficult and not recommended
- Make sure plate is properly positioned fluoroscopically

Pearls and Pitfalls from Technique Article in bulleted boxed format

**Pitfalls**
*Technique X*
- Use tissue protector to prevent injury to surrounding soft tissue and neurovascular bundles
- Make sure plate is properly positioned fluoroscopically
- Attempts at repositioning drill holes or screws is difficult

**Pears**
*Technique X*
- Confirm reduction prior to plate application
- Maintain a minimum of four cortices above and below, six if possible
- Center plate prior to screw application and confirm position with fluoroscopy

Sample 2: Medical Disease Article in bulleted list boxed format

**CLINICAL PEARLS**
**SINUSITIS**
- Chronic sinusitis comprises numerous disorders including: chronic inflammation with mucous gland hyperplasia, chronic hyperplastic eosinophilic sinusitis, and allergic fungal sinusitis.
- Chronic hyperplastic eosinophilic sinusitis is characterized by unrestrained proliferation of eosinophils, T-helper lymphocytes, fibroblasts, goblet cells, and mast cells.
- Exacerbations of CHES occur temporally with worsening of asthma. In the absence of well-controlled studies this linkage at present remains unproven.
- Many mechanisms have been ascribed for the putative linkage of sinusitis to asthma including a sinus-bronchial neural reflex, the harmful effects of mouth breathing and inhaling unconditioned air into the lungs, and aspiration of sinus contents into the lungs.