The Journal of Herbal Medicine, the official journal of the National Institute of Medical Herbalists, is a peer reviewed journal which aims to serve its readers as an authoritative resource on the profession and practice of herbal medicine. The content areas of the journal reflect the interests of Medical Herbalists and other health professionals interested in the clinical and professional application of botanical medicines. The objective is to strengthen the research and educational base of herbal medicine with research papers in the form of case studies, original research articles and reviews, monographs, clinical trials and relevant in vitro studies. It also publishes policy statements, opinion pieces, book reviews, conference proceedings and profession related information such as pharmacovigilance reports providing an information source for not only the Herbal Practitioner but any Health professional with an interest in phytotherapy.

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- Medicinal plants in healthcare, clinical trials and pilot studies
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- Medicinal plants and their anti-inflammatory, anti-cholesterol, hypotensive, antispasmodic, anti-diabetic, anticancer, antiviral, antibacterial and antifungal activity

**Target group**
Herbal Practitioner but any Health professional with an interest in phytotherapy

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