A patient has been seen previously due to suspected intermittent claudication. However at the time he declined investigations, his symptoms have now worsened, and he is asking for help.

Which investigation will LEAST helpful in determining the extent of the disease?

A) Arterial Duplex / Ultrasound  
B) Ankle Brachial Pressure Index  
C) Exercise Treadmill test  
D) Arteriogram  
E) Carotid Doppler

#fearsomelfive

Answer Tomorrow:

MCQ / ClinicalKey AnswerCard

Answer: **Carotid Doppler**

- Whilst a carotid doppler would be *interesting* to assess the potential arterial flow to the brain, it is not a high priority with the patients given presentation
- Arteriogram will allow for identification of potential sites of surgical intervention
- Exercise treadmill test enables formal quantification of patient status and monitoring
- ABPI and Arterial duplex can easily be performed in primary care, and will allow for better management of potential complications such as leg ulcers

[ClinicalKey Link](#)