

Depression - CE

CHECKLIST

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed

Step	S	U	NP	Comments
Performed hand hygiene and donned PPE as indicated for needed isolation precautions.				
Introduced self to the patient.				
Verified the correct patient using two identifiers.				
Identified the patient's risk factors for depression.				
Asked questions that would help identify signs of depression.				
Obtained a patient history of depressive episodes and current treatment.				
Assessed the patient's history for events that might have triggered a depressive episode.				
Identified the patient's cultural explanations for symptoms of major depression, including cultural beliefs related to treatment and spiritual practices.				
Reviewed the patient's home medication list for medications that might cause depression.				
Observed the patient for signs of depression and asked the patient and family about signs and symptoms of depression.				
Assessed the patient's support system, family, and significant others and assessed the need for education, information, and referral.				
Assessed the patient for suicidal or homicidal ideation or thoughts of self-harm. Used an organization-approved standardized tool for suicide assessment.				
Assessed the need for a psychiatric practitioner consult and sought a consult as appropriate.				
Performed hand hygiene and donned appropriate PPE based on the patient's signs and symptoms and indications for isolation precautions.				
Explained the strategies to the patient, family, and designated support person and ensured that they agreed to treatment.				
Assessed the patient for suicidal or homicidal ideation or thoughts of self-harm. Used an organization-approved standardized tool for suicide assessment. If homicidal or suicidal ideation was present, implemented				

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appropriate precautions based on the patient's status.				
If risk factors for depression were identified, provided the patient with appropriate materials.				
Communicated the assessment findings to other members of the health care team.				
Instructed the patient to report any adverse effects from medication. Notified the practitioner.				
Consulted social services for additional community resources to address depression.				
Contacted the spiritual care department for a chaplain to visit the patient, if the patient agreed, especially if the patient was in spiritual distress.				
Ensured that a patient who was currently receiving treatment for depression received continuing treatment while an inpatient.				
Prepared the patient for discharge by providing information about community resources and crisis numbers to call in case of emergency.				
Assessed, treated, and reassessed pain.				
Removed PPE and performed hand hygiene.				
Documented the strategies in the patient's record.				

Learner: _____ Signature: _____

Evaluator: _____ Signature: _____

Date: _____