

# Caps, Masks, and Eye Protection (Home Health Care) – CE

## CHECKLIST

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed

Step	S	U	NP	Comments
Performed hand hygiene and donned gloves and appropriate PPE based on the patient's signs and symptoms and indications for isolation precautions.				
Introduced self to the patient.				
Verified the correct patient using two identifiers.				
Explained the procedure to the patient and ensured that he or she agreed to treatment.				
Prepared an area in a clean, convenient location, and assembled the necessary supplies.				
Considered the type of procedure to be performed and followed the organization's practice for use of a cap, mask, or eye protection.				
Determined whether the patient had a known or suspected airborne transmissible disease. Wore respiratory protection, such as an N95 respirator or disposable particulate respirator, when caring for a patient with a known or suspected airborne transmissible disease.				
<b>Donning Cap, Mask, and Eye Protection</b>				
Donned a cap (head covering).				
1. If hair was long, combed it back behind the ears and secured it. Combed hair in an area away from patient care. Secured hair in place with an appropriate device before donning a cap.				
2. Placed the cap over the head, ensuring that all hair was tucked under the edges of the cap.				
Donned a mask. Ensured that the selected mask fully covered the nose and mouth and fit snugly.				
1. Fit the flexible nosepiece over the bridge of the nose.				
2. Gently pinched the upper metal band or adhesive strip around the bridge of the nose to create a seal.				
3. Placed elastic bands over the ears or tied the ties at the back of the head.				
Donned eye protection.				

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1. Donned goggles or face shield comfortably over the eyes or face and ensured that vision was clear. Did not use personal prescription lenses in place of goggles.				
2. If a face shield was to be worn with a mask, donned the face shield over the mask.				
3. Ensured that the eye protection fit snugly around the forehead and face.				
Monitored the integrity of PPE during use.				
Monitored situational changes and adjusted PPE choices appropriately.				
<b>Donning an N95 Respirator</b>				
Held the N95 respirator in the palm of the hand with the straps facing the floor.				
Placed the respirator on the face covering the nose and mouth.				
Pulled the bottom strap up and over the top of the head; put the bottom strap behind the head below the ears.				
Took the upper strap and put it behind the head, toward the crown of the head.				
Molded the nose piece of the respirator over the bridge of the nose to obtain a tight seal.				
Followed the manufacturer’s instructions for wearing an N95 respirator.				
Palpated the mask to ensure an adequate seal all around the face.				
<b>Removing Cap, Mask, and Eye Protection</b>				
Removed eye protection without placing the hands over the lenses. Removed articles of PPE carefully to prevent self-contamination. If hands became contaminated while removing the cap, mask, or eye protection, performed hand hygiene before removing the next article.				
If wearing goggles and a mask, removed the goggles before removing the mask.				
Discarded disposable eye protection in the proper receptacle; placed reusable eye protection in a covered, designated container for subsequent disinfection. Avoided touching the faceplate.				

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If wearing a mask with face shield, removed and discarded it in a proper trash receptacle.				
Removed the mask. Did not touch the front of the mask.				
1. If the mask had strings, untied the bottom strings.				
2. Untied the top strings of the mask and removed it from the face, holding the ties securely.				
3. If the mask had elastic straps, removed the elastic from around the ears and removed the mask from the face, holding the straps securely.				
4. Discarded the mask in the proper trash receptacle. Folded the face mask carefully so that the outer surface was held inward and against itself. Stored the folded mask between uses in a clean sealable paper bag or breathable container.				
Removed the cap.				
1. Stood away from the patient to prevent hair from falling on him or her.				
2. Grasped the outer surface of the cap and lifted it away from the hair.				
3. Discarded the cap in the proper trash receptacle.				
Performed hand hygiene.				
<b>Removing the N95 Respirator</b>				
Tilted the head forward.				
Used both hands and grabbed the bottom strap, pulling it to the sides and over the head.				
Used both hands and grabbed the upper strap, pulling it to the sides and over the head.				
Kept tension on the upper strap during removal to let the mask fall forward.				
Discarded the N95 in the proper trash receptacle. Respirators are disposable, but the same individual may use them more than once. Stored a disposable respirator between uses in a clean, breathable container (e.g., paper bag), in a dry place,				

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and out of direct sunlight. Discarded the respirator if it became wet or damaged.				
Performed hand hygiene.				

Learner: \_\_\_\_\_ Signature: \_\_\_\_\_

Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_