Improving Chronic Disease Management with Alternative Healthcare Delivery

As the health care landscape changes to meet challenges caused by chronic diseases, clinicians need access to high-quality information and educational resources to deliver effective and efficient chronic disease care.

Improving patient self-management may be one of the most promising strategies for producing better health outcomes and reducing the cost of care.

New Models of Chronic Disease Management

New models are being developed to address unsustainable health care spending and undesirable patient outcomes, and coordinate care among all of a patient’s providers and across all health care settings.

Patient education about medication management

Increased customer satisfaction & higher front-end sales

Targeted programs are being built by pharmacies for people with specific chronic conditions (e.g., high blood pressure or diabetes)

Run by Nurse Practitioners or Physician Assistants, retail clinics effectively serve a critical need in the primary health care system.

Proper Self-Care is Key

Lack of adequate patient self-management → unsatisfactory health outcomes

20 to 30 percent of drug prescriptions are never filled by patients

~50% of medications for chronic disease are not taken by patients as prescribed

This nonadherence is estimated to be responsible for:

- 25% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed
- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

20 to 30% of drug prescriptions are never filled by patients

~50% of medications for chronic disease are not taken by patients as prescribed

This nonadherence is estimated to be responsible for:

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed
- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

20 to 30% of drug prescriptions are never filled by patients

~50% of medications for chronic disease are not taken by patients as prescribed

This nonadherence is estimated to be responsible for:

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed
- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

Lack of adequate patient self-management → unsatisfactory health outcomes

20 to 30 percent of drug prescriptions are never filled by patients

~50% of medications for chronic disease are not taken by patients as prescribed

This nonadherence is estimated to be responsible for:

- 25% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

20-30% of drug prescriptions are never filled by patients

~50% of medications for chronic disease are not taken by patients as prescribed

This nonadherence is estimated to be responsible for:

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed
- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

20 to 30% of drug prescriptions are never filled by patients

~50% of medications for chronic disease are not taken by patients as prescribed

This nonadherence is estimated to be responsible for:

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed
- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

- 20-30% of drug prescriptions are never filled by patients
- 25% of medications for chronic disease are not taken by patients as prescribed

Improving patient self-management may be one of the most promising strategies for producing better health outcomes and reducing the cost of care.

New Models of Chronic Disease Management

New models are being developed to address unsustainable health care spending and undesirable patient outcomes, and coordinate care among all of a patient’s providers and across all health care settings.

Focus on:

- Quality and efficiency of care
- Aligning payments with outcomes
- Holistic approaches that address all of a member’s care needs (not just their primary condition)

Encouraging providers to recommend patients participate in payers’ disease management programs.

Alert providers when patients are experiencing gaps in care.

Encourage providers to monitor the patient’s progress with care manager and get updates on lab results and prescription refills.

What makes a disease management program effective?

- Identification of patients and risk stratification
- Empowering patients in self-care management
- Increased patient education
- Further engaging providers to encourage their patients
- Regular evaluations of payers’ chronic disease management programs

Solutions

Elsevier’s clinical solutions offer trusted, industry-leading resources to help chronic care teams build meaningful connections with their patients, fueling better conversations, better care and better outcomes.

Learn More: Elsevier.com/drug-information