

# Isolation Precautions: Quarantine for Pediatric Patients (Home Health Care) – CE

## CHECKLIST

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed

Step	S	U	NP	Comments
If providing face-to-face education, performed hand hygiene and donned PPE as indicated by the patient’s signs and symptoms and diagnosis.				
Introduced self to the patient and family.				
Verified the correct patient or patients using two identifiers.				
Explained the procedure to the patient and family and ensured that they agreed to strategies for infection prevention.				
Screened the patient and family for potential exposure to airborne- or droplet-transmitted infectious illnesses.				
<b>Strategies for Quarantine</b>				
Explained to the patient and family the methods of infection prevention.				
Educated the patient and family about the need to create a household plan for quarantine.				
<b>Strategies for In-home Isolation</b>				
Designated a room for the patient for isolation.				
Obtained PPE that was appropriate for the recommendations and the type of isolation used for a patient who had or was suspected of having an airborne-transmitted infectious illness.				
Explained the purpose of the isolation to the patient and family and any precautions that the family should take when entering a room used for isolation, when used to separate an infected person from others in the home.				
Demonstrated to the family how to don the PPE.				
Demonstrated how to don a disposable mask and how to adjust the mask for a secure and comfortable fit.				
1. Ensured that the mask covered the nose and mouth.				
2. Adjusted the metal nosepiece for comfort and fit.				
3. Ensured that the bottom of the mask extended to cover the chin.				
Inspected PPE before donning. Ensured that the PPE was intact, that all required PPE and				

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supplies were available, and that the correct size had been selected.				
Once the family had donned PPE, instructed them in additional protective measures.				
Explained and demonstrated to the family how to doff the PPE in the proper order and dispose of it appropriately.				
1. Removed gloves; avoided touching the outside surface of the gloves.				
2. Disposed of the used gloves.				
3. Performed hand hygiene.				
4. Removed the face mask. For reuse, left the patient’s room and carefully folded the face mask, keeping the outer surface held inward and against itself to reduce contact with the outer surface during storage. Stored the mask between uses in a clean, sealable paper bag or breathable container.				
5. Performed hand hygiene.				
Explained the proper disposal of used PPE and supplies.				
Ensured that the family knew that after providing patient care, they should leave the isolation room and close the door.				
Documented the procedure in the patient’s record.				

Learner: \_\_\_\_\_ Signature: \_\_\_\_\_

Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_