

Isolation Precautions: Personal Protective Equipment (Ambulatory) – CE

Checklist

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed

Step	S	U	NP	Comments
Performed hand hygiene.				
Verified the correct patient using two identifiers.				
Reviewed the patient's medical history (if available) for possible indications of isolation.				
Reviewed the precautions for the specific isolation criteria, including appropriate PPE to apply.				
Reviewed the patient's laboratory test results, if applicable.				
Determined whether the patient had a known latex allergy.				
Determined if the patient needed to be moved to a negative-pressure AIIR.				
Provided proper PE access and signage as needed.				
Prevented extra trips in and out of the room; gathered all needed equipment and supplies before entering the room.				
Dedicated medical equipment (i.e., stethoscope, blood pressure cuff, and thermometer) to be used only by the patient.				
Chose a barrier protection that was appropriate for the type of isolation used and the organization's practice.				
Performed hand hygiene.				
Donned an isolation gown.				
1. Ensured that the gown covered the torso from the neck to the knees and from the arms to the end of the wrists and that it wrapped around the back.				
2. Pulled the sleeves of the gown down to the wrists.				
3. Fastened the gown securely at the back of the neck and the waist.				
Donned either a procedure mask or a fitted N95 respirator around the mouth and nose.				
1. Secured the ties or elastics at the middle of the head and neck or the elastic ear loops around the ears.				
2. Fitted the flexible band to the nose bridge.				
3. Ensured that the mask fitted snugly on the face and below the chin.				

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4. If using a PAPR, followed the manufacturer's instructions for use.				
Donned eye protection (goggles or face shield), if needed, around the face and eyes. Adjusted to fit.				
Donned gloves, bringing the glove cuffs over the edge of the gown sleeves.				
Entered the patient's room and arranged the supplies and equipment.				
Introduced self to the patient.				
Verified the correct patient using two identifiers.				
Explained the procedure to the patient and ensured that he or she agreed to treatment.				
Provided designated care to the patient while maintaining precautions.				
1. Kept hands away from own face.				
2. Limited touching surfaces in the room.				
3. Removed gloves when torn or heavily contaminated, performed hand hygiene, and donned a clean pair of gloves.				
Administered medications while maintaining precautions as ordered.				
1. Provided oral medication in a wrapper or cup and then discarded the wrapper or cup in the proper trash receptacle within the patient's room.				
2. Wore gloves when administering injections.				
3. Discarded disposable syringes and uncapped or sheathed needles in the proper sharps receptacle.				
4. Placed the reusable plastic syringe holder in a clean glove, if used, or on a paper towel for eventual removal and disinfection after leaving the patient's room.				
Collected any ordered specimens.				
1. In the presence of the patient, labeled the specimen per the organization's practice.				
2. Prepared the specimen for transport. Placed the labeled specimen in a biohazard bag.				
Discarded linen, trash, and disposable items.				

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1. Used single bags that were sturdy and impervious to moisture to contain soiled articles. Double-bagged heavily soiled linen or heavy, wet trash if necessary. Ensured that linens or waste were totally contained to protect health care team members from exposure to infectious organisms.				
2. Tied the bags securely at the top with a knot.				
Removed all reusable pieces of equipment and thoroughly disinfected reusable equipment brought into the room. Ensured that equipment was disinfected with an organization-approved disinfectant when it was removed from the room and before it was used on another patient.				
Informed the patient when you planned to return to the room. Asked whether the patient required any personal care items or has any questions.				
Removed PPE before exiting the patient's room except for the N95 respirator or PAPR (if worn). Removed the N95 respirator or PAPR after leaving the patient's room and closing the door.				
Option 1: Removal of PPE, if using a nondisposable or disposable gown				
1. Removed gloves. If hands became contaminated during glove removal, immediately washed them or used an ABHR.				
a. Using a gloved hand, grasped the palm area of the other gloved hand and peeled off the first glove.				
b. Held the removed glove in the gloved hand.				
c. Slid the fingers of the ungloved hand under the remaining glove at the wrist.				
d. Peeled the second glove off over the first glove.				
2. Discarded gloves in the proper container.				
3. Removed eye protection from the back by lifting the headband or earpieces.				
4. Discarded eye protection in the proper container or placed it in an appropriate container for disinfection.				
5. Removed gown.				

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a. Unfastened the gown's neck ties and waist ties, taking care that the sleeves did not make contact with the body when reaching for the ties.				
b. Pulled the gown away from the neck and shoulders, touching the inside of the gown only.				
c. Turned the gown inside-out and folded it into a bundle.				
6. Placed the gown in a laundry bag or discarded disposable gown in the proper container.				
7. Removed the eye protection and mask or face shield. Untied the bottom of the mask or face shield first, untied the top of the mask or face shield next, then pulled the mask or face shield away from the face. Did not touch the outer surface of the mask.				
8. Discarded the eye protection and mask or face shield in the proper receptacle or placed it in an appropriate container for disinfection.				
Option 2: Removal of PPE, if using a disposable gown				
1. Removed gown and gloves. If hands became contaminated during glove removal, immediately performed hand hygiene with soap and water or use an ABHR.				
a. i. Grasped the gown and gloves in the front and pulled it away from the body so that the ties broke; touched the outside of the gown only with gloved hands.				
b. ii. While removing the gown, folded or rolled it inside-out into a bundle, peeling off the gloves at the same time, touching only the inside of the gloves and gown with bare hands.				
2. Discarded the gown in the proper waste container.				
3. Removed eye protection and mask or face shield. Untied the bottom of the mask or face shield first, untied the top of the				

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mask or face shield next, then pull the mask or face shield away from the face				
4. Discarded eye protection and mask or face shield in the proper receptacle or placed it in an appropriate container for disinfection.				
Performed hand hygiene.				
Left the room and closed the door, if the patient was in a negative-pressure AIIR.				
If the patient was in airborne isolation, removed the N95 respirator or PAPR.				
1. To remove the mask, grasped the bottom ties or elastics and then the top ties or elastics and pulled the mask away from the face. Did not touch the outer surface of the mask.				
2. If the patient was on contact and airborne isolation, discarded the N95 respirator in the proper container.				
3. Placed the reusable N95 respirator in a labeled paper bag for reuse by the same person per the organization's practice. Used caution not to crush the mask. Did not leave the mask hanging around the neck.				
4. Removed, disinfected, and stored the PAPR according to the manufacturer's instructions for use.				
5. Performed hand hygiene.				
Transported the specimen to the laboratory per the organization's practice				
Perform hand hygiene.				
Documented the procedure in the patient's record.				

Learner: _____ Signature: _____

Evaluator: _____ Signature: _____

Date: _____