Lab Tests

Diabetes Mellitus Autoantibody Panel

This is a test for diabetes that looks for the antibodies that often appear in people with diabetes. These antibodies are most common in Type 1 diabetes and in patients taking insulin for diabetes. These antibodies are increased in Type 1 diabetes, in insulin resistance, in allergies to insulin, and when the insulin has been given from other sources. This test is usually done on patients that have diabetes with insulin treatment to look for insulin antibodies. This test is also done to screen people who have relatives with diabetes in order to help determine the risk of these people developing the disease.

PREPARATION FOR TEST
No preparation or fasting is necessary.

NORMAL FINDINGS
Less than 1:4 titer, no antibody detected.
Ranges for normal findings may vary among different laboratories and hospitals. You should always check with your doctor after having lab work or other tests done to discuss the meaning of your test results and whether your values are considered within normal limits.

MEANING OF TEST
Your caregiver will go over the test results with you and discuss the importance and meaning of your results, as well as treatment options and the need for additional tests if necessary.

OBTAINING THE TEST RESULTS
It is your responsibility to obtain your test results. Ask the lab or department performing the test when and how you will get your results.

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