

# Isolation Precautions: Droplet (Ambulatory) - CE

## Checklist

**S** = Satisfactory      **U** = Unsatisfactory      **NP** = Not Performed

Step	S	U	NP	Comments
Performed hand hygiene.				
Verified the correct patient using two identifiers.				
Reviewed the patient's medical history (if available) for possible indications and risk factors for illnesses associated with droplet isolation precautions.				
Reviewed the precautions for the specific isolation criteria, including appropriate PPE to apply.				
Reviewed the patient's laboratory test results, if applicable.				
Determined whether the patient had a known latex allergy.				
Provided proper PPE access and signage as needed.				
Prevented extra trips in and out of the room; gathered all needed equipment and supplies before entering the room.				
Dedicated medical equipment to be used only with the patient.				
Chose a barrier protection that was appropriate for the type of isolation used and the organization's practice.				
Performed hand hygiene.				
Donned an isolation gown.				
1. Ensured that the gown covered the torso from the neck to the knees and from the arms to the end of the wrists and that it wrapped around the back.				
2. Pulled the sleeves of the gown down to the wrists.				
3. Fastened the gown securely at the back of the neck and the waist.				
Donned a procedure mask or face shield around the mouth and nose.				
1. Secured the ties at the middle of the head and neck.				
2. Fitted the flexible band to the nose bridge.				
3. Ensured that the mask fit snugly on the face and below the chin.				
Donned eye protection, if needed, around the face and eyes. Adjusted it to fit.				

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Donned gloves, bringing the glove cuffs over the edge of the gown sleeves.				
Entered the patient's room and arranged the supplies.				
Introduced self to the patient.				
Verified the correct patient using two identifiers.				
Explained the procedure to the patient and ensured that he or she agreed to treatment.				
Ensured that evaluation findings were communicated to the clinical team leader per the organization's practice.				
Provided designated care to the patient while maintaining precautions.				
1. Kept hands away from own face.				
2. Limited touching surfaces in the room.				
3. Removed gloves when torn or heavily contaminated, performed hand hygiene, and donned clean gloves.				
4. If supplies were needed, enlisted another health care team member to hand in new supplies without entering the room.				
Administered medications as ordered while maintaining precautions.				
Collected any ordered specimens.				
1. In the presence of the patient, labeled the specimen per the organization's practice.				
2. Prepared the specimen for transport. Placed the labeled specimen in a biohazard bag and transported it to the laboratory immediately per the organization's practice.				
Informed the patient when you planned to return to the room. Asked whether the patient required any personal care items or had any questions.				
Discarded supplies.				
<b><i>Option 1: Removal of PPE, if Using a Nondisposable or Disposable Gown</i></b>				
1. Removed gloves. If hands became contaminated during glove removal, immediately performed hand hygiene with soap and water or used an ABHR.				
2. Discarded gloves in the proper receptacle.				
3. Removed the gown.				
4. Placed the gown directly into a designated gown receptacle.				

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5. Removed the eye protection and mask or face shield. Untied the bottom of the mask or face shield first, untied the top of the mask or face shield next, then pulled the mask or face shield away from the face. Did not touch the outer surface of the mask or face shield.				
6. Discarded the eye protection and mask or face shield in the proper receptacle or placed it in an appropriate container for disinfection.				
7. Performed hand hygiene.				
<b>Option 2: Removal of PPE, if Using a Disposable Gown</b>				
1. Removed gown and gloves. If hands became contaminated during glove removal, immediately performed hand hygiene with soap and water or used an ABHR.				
2. Discarded the gown and gloves in the proper receptacle.				
3. Removed eye protection and mask or face shield. Untied the bottom of the mask or face shield first, untied the top of the mask or face shield next, then pulled the mask or face shield away from the face. Did not touch the outer surface of the mask or face shield.				
4. Discarded the eye protection and mask or face shield in the proper receptacle or placed it in an appropriate container for disinfection.				
5. Performed hand hygiene.				
Transported the specimen to the laboratory per the organization's practice.				
Performed hand hygiene.				
Documented the procedure in the patient's record.				

Learner: \_\_\_\_\_ Signature: \_\_\_\_\_

Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_