

Isolation Precautions: Contact (Ambulatory) - CE

Checklist

S = Satisfactory **U** = Unsatisfactory **NP** = Not Performed

Step	S	U	NP	Comments
Performed hand hygiene.				
Reviewed the patient's medical history for possible indications and risk factors for illnesses associated with contact isolation precautions.				
Reviewed the precautions for the specific isolation criteria, including the appropriate PPE to don.				
Considered the types of care to be performed while in the patient's room.				
Provided proper equipment access and signage as needed.				
Prevented extra trips in and out of the room; gathered all needed equipment and supplies before entering the room.				
Provided dedicated medical equipment in the room.				
Chose a barrier protection that was appropriate for the type of isolation used and the organization's practice.				
Performed hand hygiene.				
Donned an isolation gown.				
1. Ensured that the gown covered the torso from the neck to the knees and from the arms to the end of the wrists and that it wrapped around the back.				
2. Pulled the sleeves of the gown down to the wrists.				
3. Fastened the gown securely at the back of the neck and the waist.				
Donned a procedure mask around the mouth and nose.				
1. a. Secured the ties or elastic bands at the middle of the head and neck or the elastic ear loops around the ears.				
2. b. Fitted the flexible band to the nose bridge.				
3. c. Ensured that the mask fit snugly on the face and below the chin.				
Donned eye protection, if needed, around the face and eyes. Adjusted to fit.				
Donned gloves, bringing the glove cuffs over the edge of the gown sleeves.				
Entered the patient's room and arranged the supplies and equipment.				
Introduced self to the patient.				
Verified the correct patient using two identifiers.				
Explained the procedure to the patient and ensured that he or she agreed to treatment.				
Ensured that evaluation findings were communicated to the clinical team leader per the organization's practice.				
Provided designated care to the patient while maintaining precautions.				
1. Kept hands away from own face.				
2. Limited touching surfaces in the room.				
3. Removed gloves when torn or heavily contaminated, performed hand hygiene, and donned a clean pair of gloves.				
Administered medications while maintaining precautions as ordered.				
1. Provided oral medication in a wrapper or cup and then discarded the wrapper or cup in the proper trash receptacle.				
2. Wore gloves when administering injections.				
3. Discarded disposable syringes and uncapped or sheathed needles in the proper sharps receptacle.				
4. Placed the reusable plastic syringe holder, if used, on a towel for eventual removal and disinfection.				

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Collected any ordered specimens.				
1. In the presence of the patient, labeled the specimen per the organization's practice.				
2. Prepared the specimen for transport.				
3. Placed the labeled specimen in a biohazard bag and transported it to the laboratory immediately per the organization's practice.				
Informed the patient when you planned to return to the room. Asked whether the patient required any personal care items or had any questions.				
Discarded supplies, removed PPE, and performed hand hygiene.				
Option 1: Removal of PPE, if using a nondisposable or disposable gown				
1. Removed gloves. If hands became contaminated during glove removal, immediately washed them or used an ABHR.				
a. Using a gloved hand, grasped the palm area of the other gloved hand and peeled off the first glove.				
b. Held the removed glove in the gloved hand.				
c. Slid the fingers of the ungloved hand under the remaining glove at the wrist.				
d. Peeled the second glove off over the first glove.				
2. Discarded gloves in the proper container.				
3. Removed eye protection from the back by lifting the headband or earpieces.				
4. Discarded eye protection in the proper container or placed in an appropriate container for disinfection.				
5. Removed gown.				
a. Unfastened the gown's neck ties and waist ties, taking care that the sleeves did not make contact with the body when reaching for the ties.				
b. Pulled the gown away from the neck and shoulders, touching only the inside of the gown.				
c. Turned the gown inside-out and folded it into a bundle.				
6. Placed the gown in a laundry bag or discarded a disposable gown in the proper container.				
7. Removed the mask. Removed the elastic loops from the ears and pulled the mask away from the face or grasped the bottom ties or elastics and then the top ties or elastics and pulled the mask away from the face. Did not touch the outer surface of the mask.				
8. Discarded the mask in the proper container.				
Option 2: Removal of PPE, if using a disposable gown				
1. Removed gown and gloves. If hands became contaminated during glove removal, immediately washed them or used an ABHR.				
a. Grasped the gown in the front and pulled it away from the body so that the ties broke, touching the outside of the gown only with gloved hands.				
b. While removing the gown, folded or rolled it inside-out into a bundle, peeling off the gloves at the same time, touching only the inside of the gloves and gown with bare hands.				
2. Discarded the gown and gloves in the proper container.				
3. Removed eye protection from the back by lifting the headband or earpieces.				

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4. Discarded eye protection in the proper container or placed in an appropriate container for disinfection.				
5. Removed the mask. Removed the elastic loops from the ears and pulled the mask away from the face or grasped the bottom ties or elastics and then the top ties or elastics and pulled the mask away from the face. Did not touch the outer surface of the mask.				
6. Discarded the mask in the proper container.				
Documented the procedure in the patient's record.				

Learner: _____ Signature: _____

Evaluator: _____ Signature: _____

Date: _____