What is the infective agent implicated in acne?

A) Staphylococcus aureus  
B) Streptococcus pyogenes  
C) Staphylococcus epidermidis  
D) Propionibacterium acnes  
E) Malassezia furfur

Explanation: There is no connection with diet, particularly not chocolate! P. acnes is recognised skin flora, however when an imbalance occurs, P. acnes produces lipases which trigger inflammation in the skin leading to characteristic inflamed papules, whilst the effect on sebum is to cause reaction at the pore causing pustules.