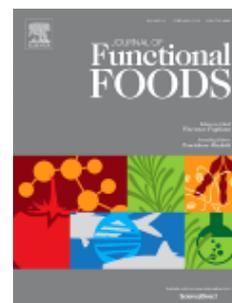




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ISSN: 1756-4646

### DESCRIPTION

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The *Journal of Functional Foods* aims to bring together the results of fundamental and applied research into healthy foods and biologically active food ingredients.

The Journal is centered in the specific area at the boundaries among food technology, nutrition and health welcoming papers having a good interdisciplinary approach. The journal will cover the fields of plant bioactives; dietary fibre, probiotics; functional lipids; bioactive peptides; vitamins, minerals and botanicals and other dietary supplements. Nutritional and technological aspects related to the development of functional foods and beverages are of core interest to the journal. Experimental works dealing with food digestion, bioavailability of food bioactives and on the mechanisms by which foods and their components are able to modulate physiological parameters connected with disease prevention are of particular interest as well as those dealing with personalized nutrition and nutritional needs in pathological subjects.

Papers will cover topics such as new food bioactives; efficacy and safety of bioactive compounds, and other healthy food constituents using genomic, chemical and biochemical technologies.

Characterisation of healthy foods and functional constituents with reference to product development; preparation of natural and synthetic ingredients for use in foods, effects of processing (including packaging and storage) on functionality and improvement of product quality; verification, quality control and traceability of natural and synthetic functional food ingredients and products will be considered.

The regulatory aspects of functional foods and related issues e.g. labelling, substantiation of health claims are also of interest together with those dealing with the value creation on the food chains based on the nutritional/healthy aspects.

The following papers are not within the scope of the Journal: Papers only dealing with food analysis and characterization of food structure and composition Papers focusing on the absorption kinetic of single bioactives Papers dealing with pure compounds having no connection with food

### AUDIENCE

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Academics, scientists, nutraceutical and functional foods industries

### IMPACT FACTOR

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## ABSTRACTING AND INDEXING

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## GUIDE FOR AUTHORS

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### INTRODUCTION

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Original research articles, review papers, perspective commentaries and opinion pieces, and rapid communications.

1. Research papers - original full-length research papers which have not been published previously, except in a preliminary form, and which should not exceed 7,500 words. (excluding abstract, references and no more than 8 tables and illustrations)
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3. Perspective commentaries and opinion pieces - These should be concise, on hot topics and describe cutting-edge developments and technologies. They should not exceed 2000 words.
4. Rapid communications - Short communications of up to 3000 words, describing work that may be of a preliminary nature but which merits immediate publication.

#### **Submission checklist**

You can use this list to carry out a final check of your submission before you send it to the journal for review. Please check the relevant section in this Guide for Authors for more details.

#### **Ensure that the following items are present:**

One author has been designated as the corresponding author with contact details:

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- Full postal address

All necessary files have been uploaded:

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- Include keywords
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*Graphical Abstracts / Highlights files* (where applicable)

*Supplemental files* (where applicable)

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- A competing interests statement is provided, even if the authors have no competing interests to declare
- Journal policies detailed in this guide have been reviewed
- Referee suggestions and contact details provided, based on journal requirements

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### BEFORE YOU BEGIN

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- 2) lacking technical merit;
- 3) present limited innovation and originality;
- 4) focused on foods or processes that are of narrow regional scope and significance;
- 5) fragmentary and providing marginally incremental results; or
- 6) is poorly written.

## PREPARATION

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#### *Introduction*

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

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The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

### *Conclusions*

The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of the Results and Discussion section.

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Abbreviations for units should follow the suggestions of the British Standards publication BS 1991. The full stop should not be included in abbreviations, e.g. m (not m.), ppm (not p.p.m.), % and / should be used in preference to 'per cent' and 'per'. Where abbreviations are likely to cause ambiguity or may not be readily understood by an international readership, units should be put in full.

Current recognised (IUPAC) chemical nomenclature should be used, although commonly accepted trivial names may be used where there is no risk of ambiguity.

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