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### DESCRIPTION

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*Behaviour Research and Therapy* encompasses all of what is commonly referred to as **cognitive behaviour therapy** (CBT). The focus is on the following: theoretical and experimental analyses of **psychopathological processes** with direct implications for prevention and treatment; the development and evaluation of empirically-supported interventions; predictors, moderators and mechanisms of behaviour change; and dissemination and implementation of evidence-based treatments to general clinical practice. In addition to traditional **clinical disorders**, the scope of the journal also includes **behavioural medicine**. The journal will not consider manuscripts dealing primarily with measurement, psychometric analyses, and personality assessment.

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